

Aap Ki Pareshanio Ka Hal

Asmaaul Husnaa

Me

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اسماء الحسنی کی مسلسل فہرست

هُوَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ

الرَّحْمَنُ	الرَّحِيمُ	الْمَلِكُ	الْقُدُّوسُ	السَّلَامُ
الْمُؤْمِنُ	الْمُهَيِّمُ	الْعَزِيزُ	الْجَبَّارُ	الْمُتَكَبِّرُ
الْخَالِقُ	الْبَارِئُ	الْمُصَوِّرُ	الْغَفَّارُ	الْقَهَّارُ
الْوَهَّابُ	الرَّزَّاقُ	الْفَتَّاحُ	الْعَلِيمُ	الْقَابِضُ
الْبَاسِطُ	الْخَافِضُ	الرَّافِعُ	الْمُعِزُّ	الْمُذِلُّ
السَّمِيعُ	الْبَصِيرُ	الْحَكَمُ	الْعَدْلُ	اللطيفُ
الْخَبِيرُ	الْحَلِيمُ	الْعَظِيمُ	الْغَفُورُ	الشَّكُورُ
الْعَلِيُّ	الْكَبِيرُ	الْحَفِيفُ	الْمُقِيتُ	الْحَسِيبُ
الْجَلِيلُ	الْكَرِيمُ	الرَّقِيبُ	الْمُجِيبُ	الْوَاسِعُ
الْحَكِيمُ	الْوَدُودُ	الْمَجِيدُ	الْبَاعِثُ	الشَّهِيدُ

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الْوَاحِدُ	الْأَحَدُ	الصَّمَدُ	الْقَادِرُ	الْمُقْتَدِرُ
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		الصَّبُورُ		

Bismillahirrahmanirrahim

Duniya Me Shayad hi koi Insaan esa Hoga jisko koi Pareshani ya Bimari na ho, or vo apni pareshani ya bimari ka hal na talash karta ho, or Allah ta'la ne har bimari or har pareshani ka hal rakha he magar us hal ko talash karna ye insaan ka kaam he...

Mukhtalif "**Asmaul Husna**" ke Mukhtalif fayde or Ta'asir or Pareshaniyo ka hal he, Magar Apni Pareshani ka hal or Bimari Ka ilaj Konse Mubarak naam me he, ise talash karna aam Aadmi ke Baski Baat Nahi he isliye Awam is Fayde se mahrum he....Hum ne Alag-Alag Pareshaniya or Alag-Alag Bimario ke Alag-Alag Chapter banyae he or har Chapter me Uske Muta'allik Pareshaniya or Bimaria or Unke hal likhe he, Taake log Aasani se apni pareshaniya or Bimari ka hal Konse Mubarak Asma me hain Usko talash Kar ke Uska Fayda Haasil Kar sake.

- Hamne is Kitab ko Taiyyar karne me zyada tar "**Hisne Haseen**" (Urdu tarjama) Or "**Wazaife Ashrafiya**" (Gujrati) se Istefada Kiya he.

- Gujrati me is Kitab ko bahot Maqbuliyat Haasil hui Hain or Uske kai Adition Publish ho Chuke Hain.
- Ab ye lipi English me naya Adition Apke hath me he.
- Allah tala is se logo ko Fayda Pohncchaye or Hamari is Chotisi koshish ko Qubul farmakar Aakhirat me Najat ka Zariah Banae. Aamin.

Allah ta'la ke "Asmae Husna" ka Bayan

- [1] Hadith Sharif me Aaya He k Rasulullah صلی اللہ علیہ وسلم ne Irshad Farmaya k "Allah ta'la k Asmae husna Jink zariye hame dua mangne k hukm diya gaya he Ninanwe {99} he, Jo Shakhs inka Ihata karlega {yaad kark padhta rahega}vo jannat me dakhil hoga " [musnade-humaidi,1130]
- [2] Haz.Ali [r.a.]se rivayat he k Allh ta'la k ninawe[99] naam he jo taaq[odd] he or Allah ta'la taaq adad[odd] ko pasand farmate he,jo shakhs in naamo k zariye dua karega usk liye jannat vaajib ho jayegi.[fayzul qadeer 2/483].

In haditho me Jin[99] naam ka zikr aaya he Unme se zyada tar naam Quran-e- Karim me mazkur he,sirf chand naam aise he Jo Quran me hu bahu nahi aaye jese "**ZU INTIQAAM**" { **ذُوْاِنتِقَامٍ** } Quran me aaya he jis ke ma'na vahi he jo "**MUNTAQIM**" { **مُنْتَقِمٌ** } Ka he, (Inteqam Lenewala).

Is se pata chala k Allah ta'la k ye ninawe naam bahot aham he,kyuk "**ASMAUL HUSNA**"k vird rizq me barkat,bimari se najat,garibi dur karne me,hajaat ki takmil,aaseb-jinn bhagane me,Allah ta'la k rahmat hasil karne me or deen duniya k taraqqi or kamyabi pane me khub taasir he.

Buzurgaane deen or Awliya Allah k waqiaat se pata chalta he k vo in naamo k vird kark Allah ta'la k qurb[nazdiki] haasil karte the.

Jab Allah k zaat itni azeem he to uska taqaza ye he k

- Allah ta'la se hi haqiqi muhabbat ki jaaye
- Allah k badai k gun gaye jaye
- Har haal me Allah k naam liya jaye
- Hamesha Allah ka zikr kiya jaye

- Har mushkil or pareshani me usi ko pukara jaaye
- Allah k naamo k sahare zindagi guzare
- Allah k in naamo k zariye use dua ki jaye
- Shifa, quwwat, izzat, awlad har chiz usi se maagi jaaye.

From
Abdul qadir fatiwala
 Mota ghanchi waad, valsad

Common condition

“Har vazife or amal k saath ye shart [condition] applied he k 5 time k namazo k pabandi or gunaho se jitna ho sake bachna ...agar ye condition puri h to in vazifo or amal se fayda hoga, varna koi fayda hona zaruri nahi, ho bhi sakta he or nahi bhi. isliye k 5 time namaz or jitna ho sake gunaho se bachna ye har musalman k basic syllabus [nisaab] he. isliye namazo k ihtemam or gunaho se bachenge to Allah k madad aayegi or kaam banega”.

From
Darul ifta val irshad
 Himmatnagar, Gujarat

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Jismaani Aaza ki Pareshaniya

Sar (Head)

(1) Aadhe sar ke dard ke liye shifa ka Amal:-

- Bimar ke sar par Ungli se **YA JABBARU** 'يَا جَبَّارُ' sat (7) Martaba likho.
- Phir Bimar ka sar pakad kar **YA JABBARU**, 'يَا جَبَّارُ' **YA SALAMU** 'يَا سَلَامُ' sat (7) Martaba padhkar Dam kare.
- Ye Amal Tulue Aftab ke Pehle karne se shifa Hogi.

(2) Darde sar se shifa ka pehla Amal.

- Ek number par Bayan Huva Amal kare.

(3) Darde sar se shifa ka Dusra Amal.

- Daye Hath se Bimar Admi ka sar pakdkar **YA MUJIBU** 'يَا مُجِيبُ' Three (3) Martaba padhkar Dam karde, agar dard khatam na ho to Five (5) Martaba, Seven (7) Martaba, Nine (9) Martaba, eleven (11) Martaba Padhkar Dam kare. Insahallah shifa Hogi.

(4) Darde sar se shifa ka tisra Amal.

- **YA MUHYEE** 'يَا مُهِیْ' Rozana Subah Shaam 120 Martaba padhkar Bimar Admi par Dam karne se Insahallah shifa Hogi.

(5) Darde sar se shifa ka Chotha Amal.

- **YA GAFOORU** 'يَا غَفُورٌ' Ek Kagaz ke tukde par likh kar Roti ke Tukde me rakhakar khane se sar ka dard Insahallah khatm hojaega..

NIND AUR SUSTI (Kahili) (Luziness)

(6) Nind ka Galba Dur karne ke liye pehla Amal.

- **YA MUQTADIRU** 'يَا مُقْتَدِرٌ' Rozana 500 Martaba padhne se nind aur Gafat Insahallah Dur Hojayegi.

(7) Nind ka Galba Dur karne ke Liye Dusra Amal.

- **YA QAYYUMU** 'يَا قَيُّوْمٌ' ka vird karne se nind ka galba Insahallah khatm hojayga.

(8) Nind kam Ana Aur Nind me Dar Lagna.

- Sone se pehle **YA MUTAKABBIRU** 'يَا مُتَكَبِّرٌ' 21 Martaba Padhkar Khamosh hone se Insahallah nind Aajaegi Aur nind me Darne se Hifazat hogi.

(9) Susti Dur karne ka Amal.

- **YA MUHYEE** 'يَا مُحْيِي' Ko Hamesha padhne wala Hamesha Hoshiyar or Zinda Dil rahega Aur Ibadat Me susti kahili Nahi Hogi.

Be-hoshi

(10) Behoshi Dur karne ka Pehla Amal.

- Bimar ke sarhane Bethkar 300 Martaba.

YA RAHMANU ,YA SALAMU 'يَا سَلَامُ' Padhne se Insahallah vo Hosh me Aajaega.

(11) Behoshi Dur karne ka Dusra Amal.

- Bimar ke sarhane Bethkar 101 Martaba **YA SHAHEEDU** 'يَا شَهِيدُ' Padhne se Insahallah Bimar Hosh me Aajaega.

Aankh (Eye)

(12) Aankh ki kam rosni Dur karne ka Amal.

- 41 Martaba **YA Shakuru** 'يَا شَكُورُ' Padhkar pani Par dam kar ke pani Aankh me lagane se or pani pine se shifa hogi.

(13) Nabina Hone Se Hifazat ka Amal.

Rozana Fajar ki namaz ke baad 1000 Martaba **YA SALAMU** 'يَا سَلَامُ' padh ne se Insahallah Andha ya laachar nahi hoga.

(14) Ankh ke Dard ke liye shifa ka Amal.

- Dopfar ko zawal ke waqat wuzu ke sath 141 Martaba **YA RAHMANU** 'يَا رَحْمَنُ' Padhkar pani par dam kar k Salai (Stick) tar karke Bimar ki Ankh me lagae.
- Rozana 7 Martaba Salai (Stick) lagane se Insahallah shifa Hogi.

(15) Aankh ka dard Dur karne ka Amal.

- 7 Martaba **YA ALIYYU** 'يَا عَلِيُّ' Padhkar pani

par Dam kar k Salai (Stick) ke Zarie Aankh me lagane se Insahallah tin 3 Din Me Shifa Hashil hojaegi.

(16) Aankah me pani Ane se Shifa ka Amal.

- 1100 Martaba **YA BASIRU** 'يَا بَصِيرُ' Rozana padhe. Avval Akhir Durud Sharif Padhe.
- **Allahumma Salli Ala SaiyediSsajidin SaiyediRafieen SaiyediaIkaamilin w ala Aalihi washabihi ajmaeen.**

‘اَللّٰهُمَّ صَلِّ عَلٰى سَيِّدِ السَّاجِدِيْنَ سَيِّدِ الرَّافِعِيْنَ سَيِّدِ الْكَامِلِيْنَ
وَ عَلٰى اٰلِهٖ وَاَصْحَابِهٖ اَجْمَعِيْنَ’

- Is Amal se Insahallah Thode hi Din me Shifa Nasib Hogi.

(17) Ankh me pani Ane se Hifazat ka Amal.

- Amal number 16 me bataya huva Amal Hamesha karne se Mustaqbil me pani Ane se Insahallah Hifazat hogi.

(18) Aankh me Roshni ka Amal.

- Aankh me Roshni ke liye Amal number 16 me bataya Hua Amal kare.

(19) Ankho me Roshni kam ho Uska Amal.

- 21 Din tak Ishraq ki namaz ke bad 500 Martaba **YA ZAHIRU** 'يَا ظَاهِرُ' padhe Insahallah Ankho me Roshni kam nahi hogi.

(20) Ankho ki kam Roshni badhane ka Amal.

- 19 Number me bataya huva Amal kare

Kaan (Ear)

(21) Kan ke dard ke liye Shifa ka Amal.

- YA SAMEEU يَا سَمِيعُ 1000 Martaba padh kar rui (cotton) par dam karke kaan me dalne se Insahallah dard khatm ho jaega.

(22) Behrapan se Hifazat ka Amal.

- Har Farz Namaz ke Bad Hamesha 11 martaba YA SAMEEU يَا سَمِيعُ Padhne se puri umar Behrapan se Insahallah Hifazat Hogi.

Bavaasir

(23) Bavaasir se Hifazat ka Amal.

- YA MALIK AL QUDDUS يَا مَالِكِ الْقُدُّوسِ Fajar Aur Magrib ki Namaz ke baad 11 Martaba padhne se Insahallah kabhi bhi Bavaasir ya nasur ya khufiya Marz nahi Hoga.

(24) Khuni Bavaasir se Shifa ka Amal.

- YA ALIYYU يَا عَلِيُّ 1000 Martaba padhkar pani par dam karke piye Insahallah seven 7 Dino me shifa nasib hogi.

(25) Khuni Bavaasir se Shifa ka Dusra Amal.

- Islami Mahine ki 13,14,15 tarikh ke tin roze rakhe Iftar ke waqt 1000 Martaba YA MAJIDU يَا مَجِيدُ padhkar pani par dam karke piye fir Hath Uth kar 7 Martaba ye Dua padhe

**ALLAHUMMA INNI AUZZUBI KA MINAL BARASI
WAL JUZAMI WA MIN SAIYYEIL ASQAUMI**
Insahallah tin Dino me shifa nasib hogi.

‘اَللّٰهُمَّ اِنِّیْ اَعُوْذُ بِكَ مِنَ الْبَرَصِ وَالْجُذَامِ وَمِنْ سَیِّئِ الْاَسْقَامِ’

Jild Aur Khun.

(26) Aatishk ke Marz se shifa ka Amal.

- Amal number 25 me bataya huva Amal karne se Insahallah shifa hogi.

(27) Napak Zakham ke liye Shifa ka Amal.

- Amal number 25 me bataya huva Amal karne se Insahallah shifa hogi.

(28) Phode, Phunsi aor Nasur se shifa ka Amal.

- 7 din tak Rozana 100 Martaba **YA RAQIBU**
‘یَا رَقِیْبُ’ Padhkar Us Zakham par dam karne se Insahallah shifa nasib hogi.

Seena (Chest)

(29) Pasli ke dard se Shifa ka Amal.

- 1000 Martaba **YA MAJIDU** ‘یَا مَجِیْدُ’ padhkar Rui (cotton) par durd ki jagah bandhne se Insahallah shifa hasil hogi.

(30) Seene ke dard se shifa ka amal.

- 120 Martaba **YAMUHYEE** ‘یَا مُحِیْیُ’ subah

sham padhkar seene par dam karne se Insahallah shifa hogi.

(31) Dil ki Bimario se Bachne ka Amal.

- Bahut Acche Saaf aor Bade Huruf me kagaz par **ALLAH** 'اللّٰه' likho.
- Rozana Din raat me kam se kam tin martaba bahut hi Adab se wuzu ke sath Qiblah rukh Tanhai me Bethkar is Name par Muhabbat ki nigah dalo.
- Ankhe band karke kam se kam 10 Miniute tak dil me Khayal karo ke ye name Mere Dil me likha he.
- Rozana 3 Martaba ye Amal kare.
- Insahallah tamam Umar kabhi bhi Hole dil "Dil ki dhdkan" Dil ki becheni Wagerah dil ki koi bhi bimari nahi hogi.
- Koi bhi jabir or Zaalim se Dehshat nahi hogi aur Ishqe ilahi Hashil Hogi.

Pet (Stomach)

(33) Pet ke dard se shifa ka Amal.

- 7 Martaba **YA AZIMU** 'يَا عَظِيمُ' padhkar paani par dam karke piye to Insahallah kabhi pet me dard nahi hoga.

(34) Pet ke dard se shifa ka Amal.

- 7 Martaba **YA AZIMU** 'يَا عَظِيمُ' kagaz par likh kar pani me gol kar piye.

Pistan(Breast)

(34) Pistaan me Dudh me Izafa karne ka Amal.

- **YA MATINU** 'يَا مَتِينُ' 90 Martaba kagaz par likh kar pani me gol kar pilae to Insaallah Dudh me Izafa hoga ye Amal 11 Din tak karna He.

Bachcho ki Bimaria

(35) Masaa ki bimari se shifa ka Pehla Amal.

- 250 gram sarso ka oil le kar wuzu ke sath qiblah rukh Bethkar 1000 Martaba **YA QAHHARU** 'يَا قَهَّارُ' padh kar dam kare.
- Wo oil Subah sham 21 din tak bacche ke badan par mal le Insaallah Baccha jald hi Tandurast hokar Taqatwar ban jaeyaga.

(36) Masaa ki Bimari se Shifa ka Dusra Amal.

- 1 Tanbe ki Takhti par ye Naqsh likhkar bacche ke gale me pehna de.
- **YA MUZILLA KULLI JABBARIN ANIDIN YA MUZILLU YA MUZILLU YA MUZILLU.**

يَا مُدِلُّ كُلِّ جَبَّارٍ عَنِيدٍ، يَا مُدِلُّ يَا مُدِلُّ يَا مُدِلُّ

- Har Mahine Seven 7 Gairb Admio ko khana khilae.

(37) Bacche ki Hifazat ka Amal.

- Bacche ki Pedaish ke baad foran 7 Martaba **YA BARRU** 'يَا بَرُّ' padhkar Us pani par dam karne .

se balig hone tak wo baccha tamam Aafato se Insahallah Mahfuz rahega

(38) Dudh Chudwate waqat bache ko hone wali taklif se Shifa ka Amal.

- Koi baccha maa ku Dudh chodane ki taklif se rota ho to kagaz par 7 Martaba **YA MATINU** 'يَا مَتِينُ' likh kar pani me gol kar bacche ko pilaye Insahallah baccha chup hojaye ga aur sabar pakdega.

(39) Baccha ki quwat faham aur yaad dashat (memory power) me Izafa karne ka Amal.

- Bacche ko 40 din tak subah sham khane pine se pehle 21 martaba **YA ALIMU** 'يَا عَلِيمُ' padhkar pani par dam karke pilaye.
- Baccho ki quwate faham aur yaddasht Insahallah tez hojayegi.

(40) Quran Majid jald Yaad hone ke liye Amal.

- Har Mahine tin din **YA WASIU** 'يَا وَاسِعُ' 100 Martaba padhkar pani par dam karke bacche ko pilaye to quran majid jald yaad ho jayega.

(41) Bacche ki zid dur karne ka Amal.

- 7 Martaba **YA MUKITU** 'يَا مُقِيتُ' Padhkar Khali Glass me dam kare fir us me pani bhar kar Baccho ko pilaye to Insahallah 7 din ke Amal se Baccha rona aur zid karna chhod dega.

(42) Bacche ki Hifazat ka pehla Amal.

- Hamal ke Agaz se Bacche ko Dudh pilane tak musalsal Rozana 3 Martaba ye Amal karte rahe.
- **SALAMU N QAWLAM MI RABBIRAHIM**
'سَلَامٌ قَوْلًا مِّن رَّبِّ الرَّحِيمِ' Roti ke tukde par likh kar Hamila Aurat ko khilaye, ya kagaz ke tukde par likh kar pani ya dawa me Ghol kar pilaye Allah Tala ke Fazlo karam se naya pedu huu Baccha har bimari se Mahfuz rahega.

(43) Bacche ki Hifazat ka Dusra Amal.

- 11 din tak Isha ki namaz ke bad 3000 Martaba **YA JABBARU** 'يَا جَبَّارُ' padhkar teen Badam ke Magz par dam karke Ek 1 Badam Biwi ko khilaye aur Do 2 Badam khud khaye fir Apni Biwi se Khalwat kare.
- 11 Din tak isi tartah kare Insahallah zarur uski Biwi Hamila hojayege, aor nek Farzand paida hoga.
- Ladke ka name **AZIZULLAH** ya **ATA ULLAH** rakhe.
- Saat 7 saal tak har sal ek Baqrah Allah tala ke liye zabah karke Khalis Allah tala ke liye Garibo me khana paka kar khilaye.
- Agar itni qudrat na ho to kaccha Gosht taqsim kar diya jaye.
- Agar itni bhi qudrat na ho to kuch paise har mahine ke Agaz me Ladke ke Hath se kisi Naabina Faqir ko dila de.

Ye Amal karne se Insahallah Farzand Nek banega.

Bukhar

(44) Bukhar Khatm Hone ka Amal.

- kagaz par **YA GAFURU** 'يَا غَفُورُ' likh kar Taweez Bana Kar bandh ne se Insahallah Bukhar Achchha hojaiga

(45) Tawun aur Dard e sar Dur karne ka Amal.

- **YA GAFURU** 'يَا غَفُورُ' Ek 1 kagaz ke tukde par likh kar Roti ke Tukde par Lekh kar wo tukda khaale Insahallah Tin din me bukhar aor Dard e Sar Acha Hojayega.

Tawun aur Waba e Aam.

(46) Tawun aur Waba- e- Aam se Hifazat ka Amal.

- Jo Shakhs Gusal karke Qibla Rukh bethkar 1115 Martaba **YA MUHAY MINU** 'يَا مُهِيمِنُ' Tin din tak padhe ga wo tawun or waba se Insahallah Mahfuz rahega.

Bimari se Shifa.

(47) Bimari se Shifa ka Pehla Amal.

- Do rakat Tahiatu-l -wuzu ki namaz padhkar 300 Martaba 21 Din tak **YA LATIFU** 'يَا لَطِيفُ' padhe Insahallah shifa hojayegi.

(48) Bimari se shifa ka Dusra Amal.

- Tandurast Admi Hamesha ke liye Bimar Hojaye to 21 din tak **YA MUIDU** 'يَا مُعِيدُ' padhe Insahallah thode din me pehle jaisa hi Tandurast Hojayega

(49) Bimari se Shifa ka Tisra Amal.

- 3000 Martaba **BISMILLAHIRRAHMANIRAHIM YA SALAMU** 'بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ يَا سَلَامُ' tin din tak kisi bimar ke liye khatam padhne se Insahallah jald shifa nasib hojayegi.

(50) Bimarise Shifa ka Chotha Amal.

- Sar me ya sine me dard ho to 120 Martaba Subah + sham **YA MUHYEE** 'يَا مُحْيِي' padhkar dam kare Insahallah shifa nasib hogi.

(51) Bimari se Shifa ka Paanchva Amal.

- **YA GANIU** 'يَا غَنِي' padhkar Badan par dam karne se insahallah Bimari se najat milegi.

(52) Bimari se Shifa ka Chhatta Amal.

- Fajar ki Namaz se Pehle makan ke char kono me 10 Martaba **YA RAZZAQU** 'يَا رَزَّاقُ' Padhkar dam karne se Insahallah us Makan me kabhi Bimari Nahi Aayegi Qibla Rukh Munh karke Daye janib se Shuru kare.

(53) Bimari se Shifa ka Saatwa Amal.

- Bimar Admi ke sarhane Khade hokar Fajar ki Sunnat Aur Farz Namaz ke Dazrmiyan 121 Martaba **YA ALLAHU YA RAHMANU** 'يَا اللَّهُ يَا رَحْمَنُ' padhega to wo Insahallah Tandurast Ho jayega.

(54) Bimari se Shifa ka Aathwa Amal.

- **YA QADIRU** 'يَا قَادِرُ' Ko 100 Martaba rozana padhe Inshaallah Shifa nasib hogi.

(55) Bimari se Shifa ka Nawwa Amal.

- **YA ZALJALALI WALIKRAAM** 'يَا ذَا الْجَلَالِ وَالْإِكْرَامِ' Ko 100 Martaba padhkar pani par dam karke bimar ko pilaye inshaallah tin din me Shifa nasib hogi.

(56) Bimari se Shifa ka Daswa Amal.

- **YA KABIRU** 'يَا كَبِيرُ' ko Rozana 90 Martaba padhne se inshaallah Bahut jaldi Shifa Hogi.

(57) Bimari se Shifa ka Gyarwa Amal.

- 7 Din tak 1000 Martaba **YA HAFIZU** 'يَا حَفِیْظُ' padhkar Bimar Aadmi par dam karne se Inshaallah Bahut jald Shifa Hogi.

(58) Bimari se Shifa ka Barahwa Amal.

- **YA MUHYI** 'يَا مُحْيِی' ko Kasrat se vird karke Bimar Aadmi par dam karne se Inshaallah Shifa Nasib Hogi.

(59) Bimari se Shifa ka Terahwa Amal.

- Bimar Aadmi **YA Hayyu** 'يَا حَی' ko kasrat se padhe ga to jald Shifa payega.
- Bimar Aadmi ke liye Dusra Shakhs padhe to Bimar Admi ki Aankho ke sath Aankh Mila kar padhe.

(60) Bimari se Shifa ka Chodahwa Amal,

- Chini ki Plait par Zaafran se **YA HAYYU** 'يَا حَی' likhkar Bimar Aadmi ko 40 Din Pilaye inshaallah shifa Hogi.

(61) Bimari se Shifa ka Pandrahwa Amal.

- Behosh Aadmi ke sarhane Bethkar 300 Martaba **YA RAHMANU YA SALAMU** 'يَا رَحْمَنُ يَا سَلَامُ' padhne se insahallah Bahut jald hi wo Hosh me Aa jayga.

(62) Bimari se Shifa ka Solahwa Amal.

- Rozana 313 Martaba **YA ALLAHU, YA SALAMU, YA QAWIYYU** 'يَا اللَّهُ يَا سَلَامُ يَا قَوِيٌّ' padhne se insahallah Shifa Nasib Hogi.

La Ilaj Bimari k Ilaj.

(63) La Ilaj Bimari se Shifa ka Pehla Amal.

- Juma ke din Juma ki Namaz se Pehle Pak-Saf Hokaar Tanhai me 200 Martaba **YA ALLAHU** 'يَا اللَّهُ' padhne wale ki tamam Mushkilaat Asan Hojayegi.
- Jis Bimar ke ilaj se Hakim doctor Aajiz Aagae ho Us par padhne se Insahallah wo Achchha Ho jaeyaga.

(64) Lailaj Bimari se Shifa ka Dusra Amal.

- Bimar Aadmi Kasrat se **YA ALLAHU** 'يَا اللَّهُ' ka wird karke Shifa ki Dua mange ga Insahallah Use mukammal Shifa Nasib Hogi.

(65) La-ilaj Bimari se Shifa ka Tisra Amal.

- Bimar Aadmi ke sar par Hath rakhkar 130 Martaba Awaz se **YA SALAMU** 'يَا سَلَامُ' padhne se Insahallah Shifa Nasib Hogi.

(66) La-ilaj Bimari se Shifa ka Chotha Amal.

- Hamesha **YA SALAMU** 'يَا سَلَامُ' ka Zikr karne wala insahallah Har Qism ki Aafato se mahfuz rahege.

(67) La-ilaj Bimari se Shifa ka Paanchwa Amal.

- La-ilaj Bimari ke liye ye Mubark Name Padhna Mujjrrab he. **YA HALIMU, YA ALIMU, YA ALIYYU, YA AZIMU.** 'يَا حَلِيمُ، يَا عَلِيمُ، يَا عَلِيُّ، يَا عَظِيمُ'

(68) La-ilaj Bimari se Shifa ka Chhatta Amal.

- Isha ki Namaz ke baad Sajde ki Halat me 100 Martaba **YA ARHAMA-R- RAHIMIN** 'يَا أَرْحَمَ الرَّحِمِينَ' padhna La-ilaj Bimario ki Dawa He.

Bimari Se Hifazt ke liye.

(69) Bimari se Hifazat ka Pehla Amal.

- Do rakat Tahiatul wuzu ki Namaz padhkar 300 Martaba 21 Din tak **YA LATIFU** 'يَا لَطِيفُ' padhe Insahallah Bimari se Hifazat Hogi.

(70) Bimari se Hifazat ka Dusra Amal.

- Rozana 3000 Martaba **YA HAIYYU** 'يَا حَيُّ' padhne wala Insahallah kabhi Bimar Nahi hoga.

(71) Bimari se Hifazt ka Tisra Amal.

- **YA MAJIDU** 'يَا مَاجِدُ' 10 Martaba padhkar Sarbat ya Dawa par dam karke Bimar Aadmi ko pilaye (Seven) 7 din me Bimar Allah tala ke Fazl se Inshallah Tandurast Hojaya.

(72) Bimari se Hifazt ka Chotha Amal.

- **YA BADIU** 'يَا بَدِيعُ' 1000 Martaba Rozana padhne se Har Qisam ke Amraz Aur Har Qisam ke Gam Inshaallah Dur Hojayege.

Saanp, Bicchhu ke Dasne ka Zahar.

(73) Bicchhu ke Dasne se Shifa ka Amal.

- Pani me Thoda Namak Gol kar 70 martaba **YA WAASIU** 'يَا وَاسِعُ' padhkar us pani par dam kare or us namkin pani ko bichchu ke dasne ki jagah par bar bar lagaye Inshaallah foran hi taklif dur ho jayegi

(74) Saanp ke zahar se Shifa ka Amal

- "**YA AHADU**" 'يَا أَحَدُ' ke sath "**YA VAJIDU**" 'يَا وَاجِدُ' milakar 101 martaba padh kar sanp dasé huve admi par dam kare Inshaallah saanp ka zahar khatm hojayege.

KAMZORI

(75) Roze me kamzori dur karne ka amal

- Rozdar ko kamzori aa jaye or sham tak roza rakhna mushkil ho jaye to khushbudar fool par 7 Martaba "**YA MUKITU**" 'يَا مُقِيتُ' padhkar dam kare or fool use sungaye Inshaallah roze me takat peda hogi or bahot hi aasani se roza khatm hoga.

Rahamdani (Bachcha Dani)

(76) Bahalat e Hamal karne ka Amal.

- Agar Aurat Bahalate Hamal wuzu karke Rozana 3000 Martaba "YA MUTAAALI" "يَا مُتَعَالَى" padhe to Inshaallah kabhi us ka Baccha Falij ki Bimari me Muftala nahi hoga. Padhne wali Aurat Bhi Har qisam ki Aafto se salamat Rahegi.

(77) Rahmdani ki Bimari se Bachne ka Amal.

- Khawind Apni Biwi ke pas jane se pehle 70 Martaba "YA MUGNI" "يَا مُغْنِي" padhega to wo kabhi Rahmdani ki Bimari me Muftala nahi hogi.

(78) Isteqrare Hamal Aur Awlad Hone Ka Pehla Amal.

- Ek 1 seb ka Chilka nikal kar ya murgi ke Uble Huve Ande ka Chilka nikal kar Sufaid Hissa par 7 Martaba YA MUBDIU "يَا مُبْدِي" likhkar tin din tak Subah ke waqt biwi ko khilaye Inshaallah pehle hi Mahina me Isteqrar Hamal Hojayega.
- Pahle Mahina me nahi ho to Dusre Mahina bhi isi tarah kare.
- Fir Tisre Mahine me bhi isi tarah kare Inshaallah tin Mahine me zarur Isteqrar e Hamal Hoga.

(79) Isteqrar e Hamal w Aulad Hone ka Dusra Amal.

- 7 din tak Seb ke 7 Tukde par "YA MUNIMU" "يَا مُنِمْ" likhkar Biwi ko Khilae Inshaallah Isteqrar e Hamal Hoga.

(80) Isteqrar e Hamal w Aulad Hone ka Tisra

Amal.

- Jis Aorat ko Naqis Hamal saqit ho jata ho wo Khud ya uska koi Rishtedar 7 din tak Bichme koi din chode Bager Rozana 7000 Martaba Isha ki Namazke bad "YA KHALIQU" يَا خَالِقُ Padhe.
- Wazife ke Agaz me or Ikhtitam par niche likha hua Mubarak durud sharif padhe."
ALLAHUMMA SALLI ALA SAYYIDINA MUHAMMADIN NABIYALUMMI ALHABIBI LALI ALQADRI ALAZIMI ALJAHI BIQADRI AZMATIHI ZATIK.

اَللّٰهُمَّ صَلِّ عَلٰى سَيِّدِنَا مُحَمَّدٍ النَّبِيِّ الْاَمِّ الْحَبِيْبِ الْاَلِ الْقَدْرِ
الْعَظِيْمِ الْاَجَاهِ بِقُدْرِ عَظَمَتِهِ ذَاتِكَ

- Rozana ye wazifa khatam karne ke bad pani par dam karke biwi ko pilaye is tarah 7 din tak kare.
- Rozana thodi Rui (cotton) lekar ise wazifa padhte Huve pani me tar karke iska tawiz bana kar biwi ke gale me pehnaye.
- Allah ke fazlo karam se thodi hi muddat me isteqrera e Hamal Hoga Aur Sahih w salamat Tandurast Bachcha Paida Hoga.
- Bachcha paida Hote hi usi din wo tawiz maa ke gale se Nikal kar bachche ke gale me Pehnade Inshaallah Bachche ki Umar me barkat hogi.

(81) Isteqrar e Hamal w Aulad Hone ka chotha Amal.

- "YA WAAHIDALAHAD" يَا وَاحِدَ الْاَحَادِ likh kar apne pas rakhe Inshaallah nek Aulad nasib hogi.

(82) Isteqrar e Hamal w Aulad Hone ka paanchva Amal.

- Jima ke Agaz me **YA NAFIU** 'يَا نَافِعُ' 41 Martaba padhene se inshaallah nek awlad paida Hogi.

(83) Nek Awlad Paida Hone ka Pehla Amal.

- Biwi ko isteqrar e Hamal ho Us din se Bachcha paida ho waha tak rozana 41 martaba "YA QUDDUSU" 'يَا قُدُّوسُ' Padhkar pani ya Dawa par dam karke Hamila Aorat ko pilaye Inshaallah nek Awlad paida hogi.

(84) Nek Awlald Paida Hone ka Dusra Amal.

- Biwi se Jima karne se pehle 10 Martaba **YA MUTAKABBIRU** 'يَا مُتَكَبِّرُ' padhe inshaallah Nek Awlad Paida Hógi.

(85) Ladka Paida Hone ka Pehla Amal.

- Shohar ya Dusri koi Aurat Us ke pet par Ungli se 70 Martaba dayra karke Har Martaba **YA MATINU** 'يَا مَتِينُ' Padhe inshaallah Ladka Paida Hoga.

(86) Ladka Paida Hone ka Dusra Amal.

- Ramzanu -I- Mubarak ki pehli Juma me Juma ki namaz ke bad "YA WAHIDU" 'يَا وَاحِدُ' 101 Martaba kagaz par likh kar Use Tawiz ke Tor par Apni Dayi Janib Bazu par Bandhe inshaallah Usi Sal Nek Farzand Paida Hoga, Bahut Mujrrab Amal He.

(87) Ladka Paida Hone ka Tisra Amal.

- Shohar 40 Din tak 40 Martaba “YA AWWALU” **يَا أَوَّلُ** padhe Aor Pani ya sharbat par dam karke Nisf Khud piye Aor Nisf Apni Biwi ko Pilaye to Inshaallah Nek Farzand Paida Hoga.

(88) Ladka Paida Hone ka Chotha Amal.

- Aorat Musalsal 7 Roze Rakhe Aor pani se Iftari kare Aur Iftar ke Bad 21 Martaba “AL BARIU ALMUSSVIRU” **الْبَارِيُّ الْمُصَوِّرُ** padhe inshaallah Use Ladka paida Hoga.

(89) Ladka Paida Hone ka Paanchva Amal.

- Aorat 7 Roze Rakhe Aor Roza Iftar karne ke bad “YA MUSAWWIRU” **يَا مُصَوِّرُ** 21 Martaba padhkar pani par dam kare aur us se roza iftar kare Inshaallah nek Awlad paida Hogi.

(90) Halate Hamal me Asani ke liye Amal.

- Hamilah Aurat 121 Martaba “YA QAWIYU” **يَا قَوِيٌّ** padhe to Inshaallah Hamal ke Ayyam Bahut hi Asani ke sath Guzarege Aur Tandurasti Aur Taqat Qaim rahegi.

(91) Isqate Hamal se Hifazat ka Pehla Amal.

- Aurat apne Pet par Hath Rakhkar 7 Martaba “YA RAQIBU” **يَا رَقِيبُ** padhe Inshaallah Isqate Hamal Nahi Hoga.

(92) Isqate Hamal se Hifazat ka Dusra Amal.

- Khavind “YA MUBDIU” **يَا مُبْدِيٌّ** 99 Martaba padhkar Hamila ke pet par Daira Banane ki tarah Ungli Gumae is Amal ko 7 Din tak Musalsal karta rahe Inshaallah Isqate Hamal Nahi Hoga.

(93) Isqate Hamal se Hifazat ka Tisra Amal.

- Subah Savere Hamila Aurat ke Pet par Hath rakhkar 99 Martaba "YA MUBDIU" 'يَا مُبْدِي' padhne se Inshaallah Na Isqat E Hamal Hoga Aur Na waqt se Pehle Baccha Hoga.

(94) Wiladat Me Aasani ka Amal.

- Jis Hamila Aurat ko (Wiladat ke Ayyam Hone ke Bawujud) Baccha paida Na Hota ho Aur Sakht Dard Hota Ho to 120 Martaba "YA ALLAHU" 'يَا اللَّهُ' padhkar ya Khamira par dam karke Tin Hisse karke Khilaya jaye to Foran Allah tala ke Fazal se Mushkil Asan Ho jayegi. ye Mujrrab Amal He.

Yad Dshast Badhane ke liye.

(95) Bhuli Hui Chiz yaad Aane ke liye Amal.

- "YA MUEEDU" 'يَا مُعِيدُ' Kasrat se padhne se Bhuli Hui Baat Inshaallah yaad Aajaegi.

(96) Yaad Dshast Qawi karne ka Pehla Amal.

- 40 Din Tak Subah Savere Khane, pine se pehle 21 Martaba "YA ALIMU" 'يَا عَلِيمُ' Padhkar pani par dam karke Bacche ko pilaye to Inshaallah Bacche ki Quwate Faham Aur Yad Dhasht Qawi Hojayegi.

(97) Yad Dhasht Qawi karne ka Dusra Amal.

- Tin Badam par "YA ZALJALALI WALIKRAM" 'يَا ذَا الْجَلَالِ وَالْإِكْرَامِ' padhkar dam kare.

- Ek 1 Badam Subah, 1 Badam Dupahar 1 Raat ko sote waqat khilae 21 Din Tak Amal karne se Inshaallah Dimag Aur Yad Dshast qawi Hojayegi.

(98) Yad Dhast Qawi karne ka Tisra Amal.

- "YA ALIMU" يَا عَلِيمُ kasrat se padhne se Allahtala Apne Ilm Aur Marefat ke Darwaze khol Denga Aur padhne wale ki Yad Dshast Inshaallah Qawi Hogi.

(99) Dil se Shak-Shuba Dur karne ka Amal.

- Rozana 1000 Martaba "YA ALLAHU" يَا إِلَهُ padhne se Inshaallah Dil se Har Qisam ke Shak-Shuba Dur Hojayenge, Yakin Mazbut Banega.

(100) Gussa Dur karne ka Amal.

- Jo Shakhs 10 Martaba Durud Sharif 10 Martaba "YA RAUFU" يَا رَوْفُ Padhnga to Uska Gussa Dur Hojayega.
- Gazbnak Aadmi ke Samne Upar Bataya Hua Amal karne se Inshaallah Uska Gussa Bhi Dur Hojaeyga.

(101) Susti Dur Hone Aur Dimagi Tazgi ke liye Amal.

- Fajar ki Namaz ke Bad se Tulue Afatab Tak "YA HAYYU YA QAYIUMU" يَا حَيُّ يَا قَيُّوْمُ ka Wird karne se Inshaallah Tabiyat me Tazgi Aur Susti Dur Hojaegi.

PART-2

Dil se Judi Hui Baate

QALB SE WABASTA UMUR

Qalb ki Safai (Tazkiya)

(102) Qalb ki Safai ke liye Pehla Amal.

- DO 2 Rakat Nafal Namaz Ada Karke Tanhai Me Qalbi Khulus Aur Kamil Tawazu Ke Sath "YA MUHAIMINU" 'يَا مُهَيْمِنُ' KA 100 Martaba zikr kare Inshaallah zahir Aur Batin ,Beruni wa Andruni Safai Hojaeygi Aur Asrare Ilahiya Munkasif Hojayegi.

(103) Qalb ki Safai ke liye Dusra Amal.

- 7 Din Tak Zawal ke Waqt 130 Martaba "YA MALIKU" 'يَا مَلِكُ' padhe Inshaallah Qalb ki Safai Aur Be parvahi Nasib Hogi.

(104) Qalbi Gam Dur karne ke liye Dusra Amal.

- 3 Roz Rui ke Tukde par 3 Martaba "YA GAFURU" 'يَا غَفُورُ' likhkar Khaye Inshaallah Tamam Gam Dur Hojayega.

(105) Qalbi Gaflat Dur karne ka Pehla Amal.

- "YA RAHMANU YA RAHIMU" 'يَا رَحْمَنُ يَا رَحِيمُ' Dono Asma Mila kar Har Namaz ke Bad 21 Martaba Padhne se Inshaallah Gaflat Dur Hojaegi Aur Namaz ki Muhabbat Paida Hogi.

(106) Qalbi Gaflat Dur Karne ka Dusra Amal.

- Juma ke Din Tulu E Aftab ke 1 Ghante ke Bad 3000 Martaba "YA QAVIYYU" 'يَا قَوِيٌّ' Padhne se Qalbi Gaflat Inshaallah Dur Hogi. 7 Juma tak ye Amal Barabar jari Rakhe.

(107) Qalb me Nek Tofik paida Hone ka Amal.

- Juma ki Namaz ke Bad 100 Martaba "YA BASIRU" 'يَا بَصِيرٌ' padhne se Inshaallah Qalbi Safai Hogi Aur Acche Kam karne ki Tofik Hogi.

(108) Qalb se Riya Dur karne ka Amal.

- "YA SHAHIDU" 'يَا شَهِيدٌ' ka Matlab Zahan me Rakhkar 1000 Martaba 21 din Tak ye Amal kare. Inshaallah Qalb me se Riya Dur Hojaegi.

(109) Qalb se Burai Dur Karne ka Amal.

- "YA MAANIU" 'يَا مَانِعٌ' kasrat se padhe Inshaallah Qalbi Burai Dur Hojayegi.

(110) Qalb se Gaflat Dur karne ka Amal.

- Tulu E Aftab ke Bad "YA MUQTADIRU" 'يَا مُقْتَدِرٌ' Kasrat se padhne se Inshaallah Qalbi Gaflat Dur Hojaegi.

(111) Qalb se Dunyavi Muhabbat Dur karne ka Amal.

- "YA QAHHARU" 'يَا قَهَّارٌ' ka kasrat se Wird rakhne se Inshaallah Qalb se Dunyavi Muhabbat Dur Hojayegai Aur Allah tala ki Muhabbat Paida Hojayegi.

(112) Qalb se Gunah ki Ragbat Dur karne ka Amal.

- Rozana 7 Martaba "YA BARRU" يَا بَرُّ Padhne se Inshaallah Qalb se Gunaho ki Ragbat Dur Hojaeygi.

(113) Qalb se Duniyawi Muhabbat Dur karne ka Amal.

- "YA BARRU" يَا بَرُّ kasrat se padhne se Inshaallah Duniyawi Muhabbat Dur Hojaeygi.

(114) Qalb se Makhlūq ki MUhabbat Dur karne ka Amal.

- "YA WAHI DAL AHAD" يَا وَاحِدُ الْأَحَدُ 1000 Martaba Padhne wale ke Dil se Inshaallah Makhlūq ki Muhabbat Aur Khof Inshaallah Dur Hoga.

(115) Qalb se Sakhti Dur karne ka Amal.

- Rozana Har Namaz ke Bad 100 Martaba YA RAHMANU يَا رَحْمَنُ Padhne wale ke Dil se Inshaallah Makhlūq ki Muhabbat Aur Gaflet Dur Hogi.

(116) Qalb se Hirs w Tama Dur karne ka Amal.

- Fajar ki Namaz ke Bad Sar par Hath Rakh kar 100 Martaba "YA GANIYYU" يَا غَنِيٌّ padho.
- Uske Bad 100 Martaba Qalb par Hath Rakhkar "YA GANIU" Padho.
- 11 din ke Amal se Inshaallah Nafsanī Hirs W Tama Dur Hojayegi.

(117) Qalb se Shaitani Khwahishat Dur karne ka Amal.

- "YA KHBIRU" يَا خَبِيرُ kasrat se padhne se Inshaallah ye Burai Dur Hojaeygi.

(118) Qalb se Shaitani Vasaavis Dur karne ka Amal.

- "YA MUQITU" يَا مُقِيتُ Rozana Subah 1000 Martaba padhne se 40 Din ke Andar Inshaallah Vasaavis ka Aana kam Hojaega.

(119) Qalb se Shaitani Vasvase Dur karne ka Amal.

- "YA MUQSITU" يَا مُقْسِطُ Rozana Padhne se Shaitani Vasvase Inshaallah Dur Honge

(120) Qalb se Shaitani Vasvase Dur karne ka Amal.

- Rozana 1000 Martaba "YA ALLAHU" يَا إِلَهُ Padhne Se Inshaallah Qalb ke Har Qisam ke Shak Shuba Dur Honge Aur Yaqin Mazbut Hoga.

Qalb Me Nek Sifat Paida Karne ke Liye.

(121) Qalb me Noor Paida Karne ka Pehla Amal.

- Rozana Musalsal Zawal ke Waqt "YA MALIKU" يَا مَلِكُ padhne wala k Qalb Inshaallah Noorani Banega.

(122) Qalb me Noor Paida karne ka Dusra Amal.

- Nisf Raat ko "YA KHALIQU" يَا خَالِقُ k Wazifa padhne se Allah tala Qalb ko Iman ke Noor se Noorani Farmaega.

(123) Qalb me Noor Paida karne ka Tisra Amal.

- Fajar ki Namaz ke Bad Dono Hath Sine par Rakhkar **"YA FATTAHU"** يَا فَتَّاحُ 70 Martaba padhne wale ka Qalb Inshaallah Hidayat Aur Iman ke Noor Se Noorani Banega.

(124) Qalb me Noor Paida karne ka Chotha Amal.

- Juma ki Namaz ke Bad 100 Martaba **"YA BASIRU"** يَا بَصِيرُ padhne se Allahtala Ankh me Roshni Aur Qalb me Noor Paida Farmaega.

(125) Qalb me Noor Paida karne ka Paanchva Amal.

- Khate Waqt **"YA WAJIDU"** يَا وَاجِدُ padhne se Inshaallah Qalb me Noor Paida Hoga.

(126) Qalb me Noor Paida karne ka Chhatta Amal.

- **"YA MAJIDU"** يَا مَاجِدُ Haal (Bekhudi) Tari Hone tak Padhne se Qalb Anwar E Ilahi se Inshaallah Noorani Banega.

(127) Qalb me Noor Paida karne ka Saatwa Amal.

- Ishraq ki Namaz ke Bad 500 Martaba **"YA ZAHIRU"** يَا ظَاهِرُ padhne se Inshaallah Ankho me Rohsni Aur Qalb Me Noor paida Hoga.

(128) Qalb me Noor Paida karne ka Aathwa Amal.

- Juma ke Din Raat ko 7 Martaba "Surah Noor"
Aur 1000 Martaba "YA NOORU" يَا نُورُ padhne
se Qalb Anwar E Ilahi se Inshaallah Noorani
Hoga.

(129) Qalb me Noor Paida karne ka Nawva Amal.

- "YA KHALIQU" يَا خَالِقُ Subah-Sham
Beshumaar Martaba Padhne wale ke liye Allah
tala Ek(1) Farishta Paida karega.
- Wo Farishta Qayamat tak jo kuch Ibadat karega
Us Admi ke Aamal Naame me Likha Jayega.
- Us Admi ka Qalb Aur Chera Noorani Banega Aur
Acche Kamo Me Qalb Mazbut Rahega.

(130) Qalb me Noor Paida karne ka Daswa Amal.

- Raat ko Sote Waqt Apne sine par Hath Rakhkar
100 Martaba "YA BAISU" يَا بَاعِثُ Padhne se
Inshaallah Qalb Noorani Hojaega.

(131) Nafs ko Allah ka Tabedar Banane ka Pehla Amal.

- Hamesha "YA Muqaddimu" يَا مُقَدِّمُ Ka vird
karne wala Inshaallah Allah ka Tabedar Ban
jayega.

(132) Nafs ko Allah ka Tabedar Banane ka Dusra Amal.

- Sote Waqt Sine par Hath Rakhkar "YA
MAMITU" يَا مُؤِمِّتُ padhte hue sone se Inshaallah
Nafs Allah tala ka Tabedar Ban jayega.

(133) Nafs ko Allah ka Tabedar Banane ka Tisra Amal.

- Rozana 100 Martaba "YA MUQADDIMU" يَا مُقَدِّمُ Wazifa padhne wale ka Nafs Inshaallah Allah tala ke Tabedari me Rahega.

(134) Nafs ko Allah ka Tabedar Banane ka Chotha Amal.

- Fajar ki Sunnat ke Bad Farz Namaz se Pehle 41 Din tak 41 Martaba "YA MUAKKHIRU" يَا مُؤَخِّرُ padhne se Inshaallah Nafs Tabedar ban jayega.

(135) Kashf- v- Iman ke Darwaze Kholne ka Amal.

Fajar ke Bad "YA ALEEMU" يَا عَلِيمُ 100 Martaba padhne se Allah tala Kashf Aur Iman ke Darwaze khol Dega.

(136) Ilm-V-Maarefat ke Darwaze Kholne ka Amal.

- "YA ALEEMU" يَا عَلِيمُ Kasrat se Padhne se Allah tala Apne Ilm Aur Maarefat ke Darwaze Inshaallah Khol Dega Aur Padhnewala ka Quwwat E Hafza Qawi Hoga.

(137) Ilm-V- Hikmat Hasil Hone ka Pehla Amal.

- "YA ALEEMU" يَا عَلِيمُ kasrat se padhne wale ke liye ilm w Hikmat ke Darwaze khul jayege.

(138) Ilm V Hikmat Hasil Hone ka Dusra Amal.

- Rozana Raat ko Sote Waqt Sine par Rakhkar 100 Martaba "YA BAA ISU" يَا بَاعِثُ padhne wale

ka Qalb Inshaallah Ilm W Hikmat se zindah Hojaega.

(139) Qalb me Asrare-e-Ilahi Hasil Hone ka Amal.

- Raat ke Akhri Hisse me Ba Wuzu 99 Martaba “YA HAKAMU” **يَا حَكَمُ** padhne wale ka Qalb Inshaallah Israr E Ilahi ki Dolat se Malamaal Hoga.

(140) Qalb me Ishqe Ilahi paida Hone ka Amal.

- “YA ALLAHU” **يَا اَللّٰهُ** musalsal Padhne wale ke Dil me Inshaallah Ishq E Ilahi Paida Hoga.

(141) Qalb me Khulus paida Hone ke liye Amal.

- Sote Uthte 20 Martaba “YA MUQTADIRU” **يَا مُقْتَدِرُ** padhnewale ke tamam kamo me Inshaallah Khulus Paida Hoga.

(142) Qalb me Hidayat Hasil Hone ka Pehla Amal.

- “YA HADIU” **يَا هَادِي** ka Wird karne se Inshaallah Hidayat Nasib Hogi.

(143) Qalb me Hidayat Hasil Hone ka Dusra Amal.

- Fajar Aur Isha ki Namaz ke Baad Dua ke liye Hath Uthakar 7 Martaba “YA HADIU” **يَا هَادِي** Kahe, is ke baad Hath Munh par Ferle Inshaallah Har kaam me Aqal Rah E Rast par Aur Iradah Sahih Aur Durust Rahega.

(144) Qalb me Nek Amal ki Tofiq Hone ka Tisra Amal.

- Juma ki Raat ko "YA WALIYU" يَا وَلِيّ 1000 Martaba padhne se Inshaallah Nek Amal ki Tofiq Nasib Hogi.

(145) Qalb me Ibaadat ka Shoq paida Hone ke liye Chotha Amal.

- Juma ki Namaz ke Bad Roti par "SUBBUHUN QUDDUSUN RABBUNA VaRabbul Malaaikati Varruh" سُُبُّوحٌ قُدُّوسٌ رَبُّنَا وَرَبُّ الْمَلَائِكَةِ وَالرُّوحُ likh kar khae to Inshaallah Qalb me Ibaadat ka Shoaq Paida Hoga Aur Allah tala use Aafto se Mahfuz Rakhega.

(146) Qalb me Ibaadat ka Shoq paida Hone ke liye Paanchwa Amal.

- Agar koī pehle Aabid ,zahid tha Ab Ibaadat choot Gayi Aur Wo chahta he ke Us ki pehle Jaisi Halat Ho jaye to 21 Din tak "YA MUEEDU" يَا مُعِيدُ Padhe Inshaallah Chand din me Pehli Halat Qaim Hojaegi

(147) Qalb ko Zakir Banane ka Amal.

- Jo Shakhs " YA MUAKKHIRU" يَا مُؤَخِّرُ Rozana 1000 Martaba padhega Us me walio jesi Sifat paida Hogi Allah tala ki Yaad ke Bager Us ke Qalb ko Inshaallah sukun Hasil Nahi Hoga.

(148) Qalb ko Mazbut Banane ka Amal.

- Jo Shakhs Hamesha panch Waqat ki Namaz ke

Bad 100 Martaba "YA JABBARU" يَا جَبَّارُ padhega to log us ki Gibat kare Ya us ko Bura, bhala kahe Usse Naraz nahi hoga us ka dil Inshaallah Mazbut Aur Saabir Hojaega kisi Musibat se Halat Kharab Nahi Hogi, jawa mardi Aur Neki ki Taraf Us ka Qalb Maail Hoga.

(149) Qalb me Narmi W shafqat paida karne ka Amal.

- Jo Shakhs Rozana 100 Martaba "YA RAHIMU" يَا رَحِيمُ padhe to uska qalb me narmi W shafqat Inshaallah paida Hogi.

(150) Qalb Khush Rahne ke liye Amal.

- Rozana 300 Martaba "YA Qayyumu" يَا قَيُّوْمُ padhne wale ka Qalb Allah Hamehsa Khush rahega

(151) Qalb me Sabr w sukun Paida Hone ka Amal.

- "YA SABURU" يَا صَبُورُ 135 Martaba padhkar janab E Ilahi me Dua kare Inshaallah Sabar w sukun Haasil Hoga.

(152) Khilafe Shariat Chizo se Nafrat Paida Hone ka Amal.

- Jo Shkhs "YA DHAARAU" يَا ذَّارُ kasrat se padhega Wo Allalhtala ke Dushmano se Adawat zyadah Rakhega Khilafe- Shariat se Kabhi khush na Hoga, Faruqi Sifaat K Inshaallah Usme kasrat Hogi.

(153) Be Niyazi Hasil Hone ka Pehla Amal.

- Fajar ki Namaz ke Bad 120 Martaba “YA MALIKU” يَا مَلِكُ Padhne se Allah tala BeNiyazi Ata karega Aur Gani Banaega.

(154) Be Niyazi Haasil Hone ka Dusra Amal.

- Kasrat se “YA WASIAU” يَا وَاسِعُ ka wird Rakhnewale ko Inshaallah Zahiri w Batini Be Niyazi Nasib Hogi.

(155) Be Niyazi Hasil Hone ka Tisra Amal.

- Subah Savere Sajdah me Sar Jhuka kar “YA SAMADU” يَا صَمَدُ 115 Martaba Padhne wale ko Inshaallah Zahiri-Batini Sachchai Aur Be Niyazi Nasib Hogi.

(156) Be Niyazi Hasil Hone ka Chotha Amal.

- BaWuzu “YA SAMADU” يَا صَمَدُ Bar-Bar padhne wale ko Inshaallah Makhluq se BeNiyazi Nasib Hogi.

(157) Be Niyazi Hasil Hone ka Pancwa Amal.

- “YA MALIKAALMULK” يَا مَالِكِ الْمُلْكِ ko Hamesha padhne wale ko Allahtala Inshaallah Logo se BeNiyaz Banadega.

(158) Be Niyazi Hasil Hone ka Chahtta Amal.

- Jo Admi Din me 11 Baje Bawuzu QiblaRukh Khade Hoka Sajdah ki Ye Ayat Padhe “WASJUD WAQTARIB” وَاسْجُدْ وَاقْتَرِبْ
- Fir Sajdah me Jakar “YA WAHHABU” يَا وَهَّابُ padhe.
- To tamam Makhluq se wo Aadmi Inshaallah Be parvaha rahega..

Qalb ki Hifzat

(159) Qalb ki Batini Amraz se Hifazat ka Amal.

- Zawal ke waqt "YA QUDDUSU" **يَا قُدُّوسُ**
Hamesha padhnewale ka Qalb Riya, Hirs Be khudi
Aur Adawat Wagyaare Batini Amraz se
Inshaallah Mahfuz Rahega.

(160) Nafs Aur Shaitan se Qalb ki Hifazat ka Amal.

- "YA TAWWABU" **يَا تَوَّابُ** ko 700 Martaba
Rozana padhnewala Inshaallah kabhi bhi Nafs
or Shaitan ki Jal me Nahi Fansega.

Qalb ke Ranj W Gam.

(161) Qalb se Ranj W Gam Dur karne ka Pehla Amal.

- "YA GAFURU" **يَا غَفُورُ** kasrat se padhne se
Inshaallah Ranj w Gam Dur Hoga.

(162) Qalb se Ranj W Gam Dur karne ka Dusra Amal.

- Jis ko koi Musibat ya Ranj w Gam ho wo "YA
SABURU" **يَا صَبُورُ** 135 Martaba padhkar Janab E
Ilahi me Dua kare Inshaallah Sabar W Sukun
Nasib Hoga.

(163) Qalb se Ranj W Gam Dur karne ka Tisra Amal.

- Jis ko koi Musibat Ya Ranj W Gam Ho wo “YA ZALJALALIWALIKRAM” ‘يَا ذَا الْجَلَالِ وَالْإِكْرَامِ’ 500 Martaba padhkar janab e Ilahí Dua kare nshaallah Sukun Nasib Hogi.

(164) Qalb se Ranj W Gam Dur karne ka Chotha Amal.

- Jo Admi Ranj W Gam me Muhtala Ho wo 3000 Martaba “YA MUQSITU” ‘يَا مُقْسِطُ’ Padahe Allahtala ke Fazl se Inshaallah Gam w Ranj Dur Hoga Aur Khushi Nasib Hogi.

(165) Qalb se Ranj W Gam Dur karne ka Panchwa Amal.

- Agar kisi ke Rishte dar ka Inteqal Hogaya ho Aur Uski Judai Me bechan Ho to 1000 “YA SABURU” ‘يَا صَبُورُ’ padhkar pani par dam karke Pani Pilaye Us ke Qalb ko Inshaallah Sabar Hasil Hoga Sat 7 din Musalsal ye Amal kare Allah tala Uske Gam ko Bhula dega.

(166) Qalb se Tamam Gam Dur karne ka Amal.

- Juma ki Rat ko 1000 Martaba “YA BAQIU” ‘يَا بَاقِي’ padhne wale ke Inshaallah Tamam Gam Dur Hojayenge.

Taskhir E Qalb

(167) Taskhir E Qalb ka Amal.

- Subah Sadiq ke Bad Aftab Nikal ne Tak “YA QAYYUUMU” ‘يَا قَيُّوْمُ’ Kasrat se padhna Taskhir E Qalb ka Mujrab Amal He.

Kashf W Ilham.

(168) Kashf W Ilham Aur Iman ke Darwaze Kholne ka Pehla Amal.

- Fajar ki Namaz ke Bad "YA ALEEMU" يَا عَلِيمُ 100 Martaba padhne wale ke liye Inshaallah Allah tala Kashf W Iman ke Darwaze kholega.

(169) Kashf W Ilham Aur Iman ke Darwaze Kholne ka Dusra Amal.

- Juma ki Namaz ke bad 100 Martaba "YA BASIRU" يَا بَصِيرُ Padhne se Inshaallah Allah tala Qalb me Noor paida Farmaega Aur Qalb ki Ankhe kholega.

(170) Kashf ke zariye (Gaib ki Baate) Zahir Hone ka Tisra Amal.

- Saat 7 Din tak "YA KHABIRU" يَا خَبِيرُ Kasrat se padhne wale ke saamne Inshaallah Gaib ki Baate Zahir Hogi.

(171) Kashf ke zariye (Gaib ki Baate) Zahir Hone ka Chotha Amal.

- Lab (Honth) Band karke Dil se 1000 Martaba "YA BATINU" يَا بَاطِنُ Padhne wala Inshaallah Ahle Baatin Aur Gaibi Asrar ka Aalim Banega Lekin Halal Rozi Shart He.

(172) Kashf ke zariye (Gaib ki Baate) Zahir Hone ka Pancwa Amal.

- Raat ka Tisra Hissa Guzar ne ke Bad "YA BATINU" يَا بَاطِنُ SAT 7 din tak 3000 Martaba

(173) Kashf ke zariye (Gaib ki Baate) Zahir Hone ka Chhatta Amal

Rajab Shaban Aur Ramzan Mahine me "YA NAFIU" **يَا نَافِعُ** Rozana 7000 Martaba padhnewala Inshaallah Ahle kashf Aur Ahle Batin Ban jayega.

(174) Kashf ke zariye Aleme Gaib Nazar Aane ka Satwa Amal.

"YA ALLAHU YA SAMADU" **يَا اَللّٰهُ يَا صَمَدُ** Rozana 11000 Martaba padhne wala Inshaallah Sahibe kashf Aur Baland Martaba Hojayega Aur kabhi kabhi Ilme Gaib ka Didar Nasib Hoga.

(175) Kashf ke zariye Ilme Gaib Nazr Aane ka Aathwa Amal.

Rozana 33 Martaba "YA BATINU" **يَا بَاطِنُ** Padhne wale ke samne Inshaallah Gaib ki Baate Zahir Hone lage gi Aur Qalb me Allah tala ki Muhbbat paida Hogi.

(176) Ilham ke Zariye Apne kam ki Haqiqat Malum karne ka Pehla Amal.

- Jis ko Apne kam ki Kamiyabi ki koi Tadbir Samaj me na Ati ho to wo Shakhs Magrib Aur Isha ke Darmyan 1000 Martaba "YA RASHIDU" **يَا رَشِيدُ** Padhe. Inshaallah Khwab me Tadbir Nazar Ayegi ya Qalb me Uska Ilham Hoga.

**(177) Ilham ke Zariye Apne kam ki Haqiqat
Malum karne ka Dusra Amal.**

- “YA BADIU” يَا بَدِيعُ Is Mubarak Name ko Bawuzu padhkar sojaye.
- Jis kam ka Iradah karega Wo Use Khwab me Inshaallah Nazar Aayega..

Istikhara (kisi kam ke karne Na karne me Allahtala se Ishara Chahna)

(178) Istikhara ka Pehla Tariqa.

- Gusal karke Qibla Rukh ho kar 1115 Martaba “YA Muhaiminu” يَا مُهَيِّمُنْ Tin din Tak padhe.
- Jis kam ka Istikhara karege Uska Natija Inshaallah Nazar Aajeyga.

(179) Istikhara ka Dusra Tariqa.

- Juma ki Raat ko Isha ki Namaz ke Bad Sajdah me jakar 100 Martaba “YA ALEEMU” يَا عَلِيمُ padhe Aur Fir Khamohs Hojae.
- Raat ko Inshaallah Us kam ka Mukammi hal Malum Hoga.

(180) Istikhara ka Tisra Tariqa.

- Jumerat ko Roza Rakhe.
- Magrib ke Waqt Roza Iftar karke Awwal Waqt me Isha ki Namaz padhe.
- Niche Likhe Huve Amal ke Awwal Aur Aakhir me

11 Martaba " SUBHAN RABBIK RABBIL IZZATI
AMMA YASIFUN WASALAMUN ALAL
MURSALIN WAL HAMDULILLAH RABBIL
ALALMIN"

سُبْحَانَ رَبِّكَ رَبِّ الْعِزَّةِ عَمَّا يَصِفُونَ، وَ سَلَامٌ
عَلَى الْمُرْسَلِينَ، وَالْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ

- 1100 Martaba " YA KHABIRU AKHBIRNI"
‘يَا خَبِيرُ أَخْبِرْنِي’ padhe Aur Khamos sojaye.
- Inshaallah Raat ko Accha ya Bura Jo kuch Hoga
wo Malum Hojaega.

(181) Istikhara ka Tisra Tariqa.

- Kisi Mushkil ya bada kam karne ke liye koi
Tadbir Samaj me Na ati ho to "YA HAKIMU"
‘يَا حَكِيمُ’ Ko 3000 Martaba Saat 7 Din tak padhe
Allah tala ke Fazl se Us kaam ka Rasta Inshaallah
Jald hi Nikal Aayega.

PART-3

RUH SE Wabsta Umur

Hayat(zindagi)

(182) Lambi zindagi ke liye Amal.

- Har Mah Chand ki pehli Tarikh ko Ek 1 Majlis me
41000 Martaba "YA WARISU" ‘يَا وَارِثُ’ Padhe
Allah ke Fazl se Hayat Tawil Hogi.

Ruhani Taraqqi

(183) Zahiri Aur Batini (Ruhani) Dawlat Aur Taraqqi Hasil karne ka Amal.

- Fajar Ya Isha ki Namaz ke Bad Awwal Aur Akhir 11 Martaba Durud sharif padhkar Darmayan me 1111 "YA MUGNI" يَا مُغْنِيْ Ka Wazifa padhe Aur Uske sath Surae Muzzammil Bhi padhe To Allah tala Zahiri Aur Batini Gina Ata farmayega.

(184) Allah tala ka Qurb Hasil karne ka Amal.

- Saalik Juma ki Raat ko Gusal karke Ahram ki Tarah Lungi Aur Chadar Bandhkar khada hokar Asman ki Tarah Nigah Uthakar 1000 Martaba "YA ZARRU" يَا زَارُّ padhe.
- Sat(7) Juma tak Usi Tarah karta Rahe.
- Inshaallah Wo zarur Sahibe Maqam Hoga Aur Mustahkam Hoga.

Mout

(185) Khatima BilKhayar Hone ke liye Pehla Amal.

- Fajar ki Sunnat Aur Farz Namaz ke Darmyan Jo Shakhs 121 Martaba "YA ALLAHU YA RAHMANU" يَا اَللهُ يَا رَحْمٰنُ Padhe to Inshaallah Khatma BilKhayar hoga.

(186) Khatima BilKhayar Hone ke liye Dusra Amal.

- Rozana 1000 Martaba "YA AAKHIRU" "يَا آخِرُ" Padhne se Inshaallah Dil se Gairullah ki Muhabbat Dur Ho jagi Aur Khatima Bilkhyar Hoga.

(187) Khatima BilKhayar Hone ke liye Tisra Amal.

- Subah Aur sham "YA AHADU" "يَا أَحَدُ" 41 Martaba padhe Inshaallah Zarur Khatima Bilkhayar Hoga.

(188) Khatima BilKhayar Hone ke liye Chotha Amal.

- Tulu E Aftab ke Waqt 100 Martaba "YA WARISU" "يَا وَارِثُ" padhne se Inshaallah Gam Aur Ranj se Mahfuz Rahega Aur Khatima Bilkhayar Hoga.

(189) Achanak Mout se Hifazat ka Amal.

- "YA BASIRU" "يَا بَصِيرُ" ko Hamesha Asar ki Namaz ke Bad Saat (7) Martaba padhe wo Shakhas Inshaallah Acchank Mout se Mehfuz Rahega.

Qabar

(190) Azab E Qabr se Hifazt ka Amal.

- Juma ki Namaz ke Bad 10 Martaba (10) das Martaba "YA MUHSIU" "يَا مُحْصِي" padhe to Azab Qabar Aur Azab Akhirat se Inshaallah Mahfuz Rahega.

(191) Qabar me Ruh ko Riyaz Ul Quds Me Aala Maqam Hasil Hone ka Amal.

- Har Juma ko 1000 Martaba “YA BARIU” ‘يَا بَارِي’ Ka Zikr karnewale Shakhas ko Qabar Me Dafan Hone ke Bad Allah tala Riyaz ul Quds ki Janib Uthallenge.

Aakhirat

(192) Magfirat ka Pehla Amal.

- Juma ki Namaz ki Bad “YA GAFFARU IGFIRLI ZUNUBI” ‘يَا غَفَّارُ اِغْفِرْ لِي ذُنُوبِي’ 100 Martaba padhnewale ka Name Allah tala Bakhshis Shuda Logo me Shamil karega.

(193) Magfirat ka Dusra Amal.

- Rozana Asar ki Namaz ke Bad “YA GAFFARU IGFIRLI” ‘يَا غَفَّارُ اِغْفِرْ لِي’ Padhne wale ko Allahtala Bakhshis Shuda Logo ki Jamat me Dakhil Karega.

(194) Magfirat ka Tisra Amal.

- Sajdah e ki Halat me Tin (3) Martaba “RABBIG FIRLII” ‘رَبِّ اِغْفِرْ لِي’ padhene wale ke Aage Aur Piche ke Gunah Inshaallah muaf Ho jaenge.

(195) Magfirat ka Chotha Amal.

- “YA AFUWWU” ‘يَا عَفُو’ Kasrat se padhnewale ke Gunaho ko Allahtala Muaf kar dega.

(196) Allah tala ki Mulaaqat ke liye Amal.

- Ek (1) chilla (40-days) 125000 martaba “YA WAHIDU” ‘يَا وَاحِدٌ’ Padhnewale ko Ek (1) chilla me Qalbi Mulaaqat Hasil Hogi.

(197) Allah tala ka Mahbub Banne ka Amal.

- Rozana “YA WADUDU” ‘يَا وَدُودٌ’ 1000 Martaba

Zikr karne wala Inshaallah Allah tala ka Mahbub ban jayega.

(198) Tamam Nek Amal Qubul Hone ka Pehla Amal.

- Jumma ki Raat ko 1000 Martaba “YA Baaqi” **‘يَا بَاقِي’** padhne se Inshaallah Tamam Nek Kam Maqbul Hoge.

(199) Tamam Nek Amal Qubul Hone ka Dusra Amal.

- Fajar ki Namaz ke Bad 100 Martaba Aur Isha ki Namaz ke Bad 100 Martaba “YA RASHIDU” **‘يَا رَشِيدُ’** padhnewale ke Raat Din ke Amal Allahtala Apne Fazl se Qabul Farmay ga Aur Inshaallah Use Muqarabbin ka Martaba hashil Hoga.

(200) Sacchi Tauba Nasib Hone ke liye Pehla Amal.

- “YA MUAKKHIRU” **‘يَا مُؤَخَّرُ’** kasrat se padhne se Inshaallah Sacchi Tauba Nasib Hogi.

(201) Sacchi Toubu Nasib Hone ke liye Dusra Amal.

- Chasht ki Namaz ke Bad “YA TAWWABU” **‘يَا تَوَّابُ’** 360 Martaba ya 107 Martaba padhne se Inshaallah Sacchi Tauba Nasib Hogi.

(202) Allah tala ka Tabedar Ban ne ka Amal.

- Hamesha “YA MUQQADIMU” **‘يَا مُقَدِّمُ’** ka

Wird karne wala Inshaallah Allah ka Tabedar Ban jayega.

PART-4

Jaadu, Jinnaat, Badnazri, Shaiteen

Jadu

(203) Jadu ka Asar Dur karne ka Amal.

- Chini ke Bartan par "YA QAHHARU" يَا قَهَّارُ likhkar pilane se Inshaallah jadu ka Asar Dur Hojaega.

(204) Jaadu, Jinnaat, Aaseb se Hifazat ka Amal.

- Fajar Aur Magrib ke Bad 21 Martaba "YA QAABIZU" يَا قَابِضُ Hamesha padhne wale par Inshaallah koi jaadu ya Jinnaat Ya Aaseb ka Asar Na Hoga.

(205) Jaadu se Hifazat ka Amal.

- Sat (7) Martaba "YA MAMITU" يَا مُمِيتُ padhkar Dam kare Inshaallah kabhi bhi koi jaadu Asar nahi karega.

Jinnat

(206) Jin, Aaseb se Hifazat ka Amal.

- "YA HAFIZU" يَا حَفِیْظُ 5 Martaba likhkar Tawiz

bana kar Bazu par Bandhe koi Jin, Aaseb ka Asar Inshaallah nahi Hoga.

(207) Jin, Aaseb ko Ghar se Dur karne ka Pehla Amal.

- Ek 1 Naye Chirag par Saat (7) Jagah par “YA QAHHARU” ‘يَا قَهَّارُ’ Likhkar Tel Bhar ke jalaya jaye.
- Jis Ghar me ye Chirag 11 Din Jalta Rahega, Allahtala ke Fazl se Us Ghar me koi Jin Ya Aaseb ya Saanp Wagyra Muzi janwar nahi rahege. Aur wo Makaan Tamam Aafto se Mahfuz rahega.

(208) Jin, Aaseb ko Ghar se Dur karne ka Dusra Amal.

- Fajar ki Namaz ke Bad “YA NOORU” ‘يَا نُورُ’ 1121 Martaba Rozana padhna Makaan ko Roshan karta he, waha Inshaallah koi Jin, Aaseb ya saanp Wagerah Muzi janwar Nahi Rahega.

BadNazri

(209) BadNazri se Hifazat ka Pehla.

- Saat (7) Din tak Rozana subah Aur Sham 70 Martaba “HASBI ALLAHU ALHASEEBU” ‘حَسْبِيَ اللَّهُ الْحَسِيبُ’ padhe, Ye Amal Jumerat se Shuru kare Inshaallah Ek 1 saal tak Har Bala se Mahfuz Rahega.

(210) BadNazri se Hifazat ka Dusra Amal.

- Saat (7) Martaba "YA BARRU" يَا بَرُّ Padhkar Bacche par Dam karne se Inshaallah wo BadNazri se salamat Rahega.

(211) BadNazri se Hifazat ka Tisra Amal.

- Saat (7) Martaba "YA MAANIU" يَا مَانِعُ Kisi Tanbe ki patri par Likhwakar Tawiz ke Tor par Baccha ke Gale me Pehnaye, Inshaallah kabhi Nazar Nahi lage gi.

(212) BadNazri se Hifazat ka Chotha Amal.

- 11 Martaba "YA HAFIZU" يَا حَفِظُ Kagaz par likhkar Tawiz bana kar Gale me Bandhe Inshaallah kabhi Nazar Nahi Aayegi.

Shaitan

(213) Shaitan ke Fitne se Hifazat ka Amal.

- "YA MUMINU" يَا مُؤْمِنُ 1001 Martaba Likhkar Tawiz Bana kar Apne pas Rakhne wala Shaitan ki Burai se Aur Dushman se Mahfuz Rahega.

PART-5

Aafat, Bala, Musibat, Mushkeli, Dushman, Zaalim, Bure Admi.

Aafat, Bala, Musibat, Mushkeli se Hifazat ke liye.

(214) Aasmani Aafto se Hifazat ka Pehla Amal.

- Kisi bhi Asmani Aafat ke Waqt "YA WAKILU"
'يَا وَكِيْلُ' Kasrat se padhkar Use Apna wakil
Bana lene se Inshaallah Aafto se Hifazat Hogi.

(215) Aasmani Aafto se Hifazat ka Dusra Amal.

- Magrib ki Namaz ke Baad 1000 Martaba "YA
ADLU" 'يَا عَدُوْ' ka wird karne wala Inshaallah
Har Qisam ki Aasmani Aafto se Mahfuz Rahega.

(216) Barish, Tufaan, Girhan se Hifazat ka Pehla Amal.

- Agar kisi jagh par Barish, Tufaan ya Hawa Tez
Chale to "YA ZAHIRU" 'يَا ظَاهِرُ' Padhne se
Inshaallah Hifazat Hogi.

(217) Barish, Tufaan, Girhan se Hifazat ka Dusra Amal.

- ALLAHU NOORU SSAMAWATI WALARZI YA
NOORU" 'اَللّٰهُ نُورُ السَّمٰوٰتِ وَالْاَرْضِ يَا نُورُ'
1000 Martaba padhne se Barish ki Tamaam
Andheriya Allah tala ke Hukam se Dur Hogi.

- Suraj Grehan Aur Chand Grehan ke Waqt upar wali Aayat Aur “YA NOORU” يَا نُورُ milakar la-tadad (Bahot zyada Martba) padhne se Inshaallah Hifazat Hogi.

(218) Har Aafat,Bala,Muskeli,Musibat se Hifazat ka Pehla Amal.

- Jo Shkhas Aafat,Musibat Wagerah me Muhtala Ho wo Do Rakaat Nafal Namaz Padhkar Apna Maqsad Dil me Rakhkar 100 Martaba “YA LATIFU” يَا لَطِيفُ Padhega to Inshaallah Aafat,Musibat Dur Hogi.

(219) Har Aafat,Bala,Mushkeli,Musibat se Hifazat ka Dusra Amal

- Jo Shakhs Gusal karke Qibla Rukh Beth kar 1115 Martaba “YA MUHAYMINU” يَا مُهَيِّمُنْ Rozana padhega Inshaallah Tamaam Aafto se Mahfuz Rahega.

(220) Har Aafat,Bala,Mushkeli,Musibat se Hifazat ka Tisra Amal.

- Kasrat se “YA WALIU” يَا وَالِيُّ Ka wird karne wala Inshaallah Aafto se Mahfuz Rahega.

(221) Har Aafat,Bala,Muskeli,Musibat se Hifazat ka Chotha Amal.

- Kasrat se “YA RAHMANU” يَا رَحْمَنُ Ka wird karne wala Inshaallah Aafto se Mahfuz Rahega.

(222) Har Aafat,Bala,Mushkeli,Musibat se Hifazat ka Panchwva Amal.

- "YA SALAMU" يَا سَلَامُ ka Hamesa wird karnewala Inshaallah Tamam Aafto se Mahfuz Rahega.

(223) Har Aafat,Bala,Muskheli,Musibat se Hifazat ka Chhatta Amal.

- "YA KHALIQU" يَا خَالِقُ Ko sat 7 din tak 100 Martaba Musalsal padhne wala Inshaallah Tamam Afato se Mahfuz Rahega.

(224) Har Aafat,Bala,Mushkeli,Musibat se Hifazat ka Saatwa Amal.

- Rozana Har Namaz ke Baad "YA RAHIMU" يَا رَحِيمُ Padhne wala Tamam Aafto se Inshaallah Mahfuz Rahega.

(225) Har Aafat,Bala,Mushkeli,Musibat se Hifazat ka Aathwa Amal.

- Jo Shkhas Juma ki Namaz ke Baad Roti par "SUBBUHUN QUDDUSUN RABBUNA WARBBUL MALAIKATI WRRUH" سُُبُّوحٌ قُدُّوسٌ رَبُّنَا وَرَبُّ الْمَلَائِكَةِ وَالرُّوحِ Likhkar Khayega Allah tala Us Shakhs ko Har Aaft se Inshaallah Mahfuz rakhega.

(226) Har Aafat,Bala,Muskheli,Musibat se

Hifazat ka Nawa Amal.

- Juma ki Raat ko 100 Martaba "YA ZARRU" يَا زَارُّ padhne wala Inshaallah Tamam Aafto se Mahfuz Rahega.

(227) Har Aafat,Bala,Mushkeli,Musibat se Hifazat ka Daswa Amal.

- Tulu E Aaftab se Pehle "YA SABURU" يَا صَبُورُ 100 Martaba padhnewala Us din Tamam Musibat se Inshaallah Mahfuz Rahega.

(228) Har Aafat,Bala,Muskheli,Musibat se Hifazat ka Gyarwa Amal.

- 1020 Martaba " YA SABURU" يَا صَبُورُ Padhnewala Inshaalla Aafat se Najat milegi Aur Qalbi Itminan Nasib Hoga.

(229) Har Aafat,Bala,Mushkeli,Musibat se Hifazat ka Barwa Amal.

- Fajar ki Namaz ke Bad 10 Martaba "YA MUHSIU" يَا مُحْصِي Padhnewala pura din Inshaallah Allah tala ki Hifazat me Rahega.

(230) Har Nuqsan se Hifazat ka Amal.

- Juma ki Raat ko " YA BAQIU" يَا بَاقِي 1000 Martaba padhnewala Inshaallah Nuqsan se Mahfuz Rahega..

(231) Har Aafat ,Bala ,Mushkeli, Musibat se

Hifazat ka Tisra Amal.

Magrib Aur Isha ke Darmyan "YAWARISU"
'يَا وَارِثُ' 1000 Martaba padhne se Inshaallah
Har Qisam ki Musibat Aur pareshani Dur
Hojaeygi.

(232) Musibat Aur Mushkeli Dur Hone ka Dusra Amal.

YA ARHMARRAHIMIN 'يَا أَرْحَمَ الرَّاحِمِينَ' Ka wird
Karna Tamam Aafto ka Mujrrab Ilaj He.

Hazrat Zaid (Ra) ko EK 1 Martaba Ek 1 Be Raham
Daku ne pakadkar Qatal karne ka Iradah kiya
, Unhone Is pareshani ke waqt "YA
ARHMARRAHIMIN" 'يَا أَرْحَمَ الرَّاحِمِينَ' Zuban se
kaha to Foran Allah tala ne Aasman se 1
Farishta Bheja Jis ne waha Pahoch kar Is Daku
ko Qatal kardiya, Aur In ko Najat Dilayi.

(233) Aaft, Bala, Musibat, Mushkeli Dur Hone ka Tisra Amal..

Koi Aafat Aaye to "YA QADIRU" 'يَا قَادِرُ' 41
Martaba Padhne se Inshaallah Aafat Dur
Hojayegi.

(234) Aafat, Bala, Musibat, Mushkeli Dur Hone ka Chotha Amal..

- 41 Martaba "YA RAHMANA DDUNYA WA
RHIMAHA" 'يَا رَحْمَنُ الدُّنْيَا وَرَحِيمَهَا' padhnewale

ki Mushkilat Inshaallah Dur Hojeygi Aur koi
Hajat Baqi Nahi Rahegi.

**(235) Aafat,Bala,Musibat,Muskekli Dur Hone
ka Pancwa Amal.**

Har Farz Namaz ke Bad "YA RAFIU" يَا رَافِعُ 21
Martaba Hamesha Padhnewale ki Inshaallah
koi Hajat Baqi Nahi Rahegi..

**(236) Aafat,Bala,Musibat,Mushkeli Dur Hone
ka Chhatta Amal.**

41 Martaba "YA QAADIRU" يَا قَادِرُ Padhnewale
ki Inshaallah Mushkeli Dur Hojayegi Aur kam
Asan Hojayega.

**(237) Aafat,Bala,Musibat,Mushkeli Dur Hone
ka Satwa Amal.**

Musalsal Tin Juma ki raat ko 4000 Martaba "YA
AWWALU" يَا اَوَّلُ padhne se Allah tala ke Fazl
se Tamam Mushkilat Dur Hojayegi.

Jo Shakhs Juma tak Musalsal padhta Rahega, wo
Be Shumar kamiyabiyo ka Malik Banega.

**(238) Aaft,Bala,Musibat,Mushkeli Dur Hone
ka Athwa Amal.**

- "YA RASHIDU" يَا رَشِيدُ Ko 1000 Martaba
Hamesa Padhne wale ke Bager Mehnat Aur
Bger Tadbir ke Tamam kam Kheriat se Honge.

(239) Musibat Aur Gam se Najat ka Amal.

- Koi Bhi Gam, Musibat ya Mushkeli ke Waqt "YA BADIAASMAWATI WALARZI" يَا بَدِيعَ السَّمَوَاتِ وَالْأَرْضِ Padhne se Inshaallah Najat Nasib Hogi.

(240) Dono Jahan ki Paeshaniya Dur Hone ka Amal.

- "HASBUNAALLAH U W NIAMALWAKIL" "حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ" Kasart se Pahne se Inshaallah Duniya Aur Aakhirat ki Tamam Pareshaniya Dur Hojayegi.

Dushman

(241) Dushman se Hifazat ka Pehla Amal.

- Kisi Musibat ya Dushman ka Khof Ho to "AR-RAHMANU R RHIM" "الرَّحْمَنُ الرَّحِيمُ" kasrat se zikr karne se ya likhkar Bandhne se Allahtala Dushman se Inshaallah Panah Nasib Farmaenge.

(242) Dushman se Hifazat ka Dusra Amal.

- "YA QUDDUSU" "يَا قُدُّوسُ" ka kasrat se zikr karnewale ko Allahtala Dushman se Mahfuz Rakhega.

(243) Dushman se Hifazat ka Tisra Amal.

- “YA RAFIU” يَا رَافِعُ 70 Martaba padhnewala Inshaallah Dushmano se Mahfuz Rahega.

(244) Dushman se Hifazat ka Chotha Amal.

- 75 Martaba “YA MUZILLU” يَا مُذِلُّ Padhkar Sajdah me Dushman ka Name lekar Dua kare to Inshaallah Dua Qubul Hogi.

(245) Dushman se Hifazat ka Panchwa Amal.

- Jo Shakhs Do (2) Rakaat Padhkar 100 Martaba “YA QADIRU” يَا قَادِرُ Padhe (Aur wo Haq par Ho) To Allah tala Us ke Dushmano ko Inshaallah Be-izzat karega.

(246) Dushman se Hifazat ka chhatta Amal.

- “YA MUQQADIMU” يَا مُقَدِّمُ kasrat se padhne se Inshaallah Dushmano se Hifazat Rahegi.

(247) Dushman se Hifazat ka Satwa Amal.

- “YA MALIKU YA QUDDUSU” يَا مَالِكُ يَا قُدُّوسُ milaakar Dono Asma(naam) 1000 Martaba Rozana Andhere me padhne se Inshaallah Dushman se Hifazat Hogi.
- Ye wazifa padhne wale ki Izzat W Abru me Inshaallah Izafa Hota rahega.

(248) Dushman se Hifazat ka Athwa Amal.

- 1020 Martaba “YA SABURU” يَا صَبُورُ pahnewala Inshaallah Aafat se Najat payega Aur Qalbi

Itminan Nasib Hoga.

(249) Dushman se Hifazat ka Nawwa Amal.

- Fajar ki Sunnat ke bad Farz se pehle 100 Martaba 11 Din Tak "YA QAHHARU" 'يَا قَهَّارُ' padhnewala Dushman se Mahfuz rahega.

(250) Dushman se Hifazat ka Daswa Amal.

- "YA KHAFIZU" 'يَا خَافِضُ' 500 Martaba Rozana Fajar ki Namaz ke Bad padhnewala Hamesha Allah tala ki Rahmat me Tamam Dushmano Se Mahfuz Hoka Zindagi Gujarega.

(251) Dushman se Hifazat ka Gyrwa Amal.

- Jis Shkhas ko Dushman se Muqabla ki Taqat Na Ho Wo Gehu ka Aata Lekar 1001 Goli Banaye Is ke Bad 1 Goli Uthakar "YA QAWIYYU" 'يَا قَوِيٌّ' padhkar Goli par Dam kare,iske bad wo Goli Muragi ke Samne Dale Aur Dil Me Dushman ke Muqbale ki Niyyat kare is Tarah, Tamam Goliya Murgi ko Khilaye Inshaallah Tin din Musalsal Amal se Dushman Sikasht Khaejayga.

(252) Dushman se Hifazat ka Barrahwa Amal.

- Rozana Fajar ki Namaz ke Bad 100 Martaba "YA HAMIDU" 'يَا حَمِيدُ' Padhne wale ke Samne Dushman Bhi Aajayega to Inshaallah Past Nigah se Chala Jayega Kabhi Khilaf Tabiyat Baat Nahi karega.

(253) Dushman par Fatah Hasil karne ka Amal.

- Tin Roze Rakhkar Chothe Din Ek 1 Jagah par Beth kar 70 Martaba "YAKHAFIZU" يَا خَافِضُ padhne se Dushman par Inshaallah Fatah Hasil Hogi.

(254) Dushman ko Dur karne ka Amal.

- "YA QAWIYYU" يَا قَوِيٌّ Kasrat se Padhnewala Inshaallah Dushman se Mahfuz Rahega. (Nahaq Aur Bilavajah ye Amal Na kare)

(255) Dushman se Allah tala Badla le Uska Amal.

- Jo shkhas Haq par Ho Lekin Dushman se Badla lena ki Taqat na Rakhta ho to 3 Juma tak kasrat se "YAMUNTAQIMU" يَا مُنْتَقِمُ Padhe Allahtala Bazat khud Uske Dushman se Badla Lega.

(256) Dushman ko Naram karne ka Amal.

- Fajar ki Namaz ke bad 500 Martaba "YARAHIMU" يَا رَحِيمُ Padhnewale par Tamam Makhluq Mehrban Hogi, Agar Dushman Bhi Samne Aaja ega to Inshaallah Naram Hojaega.

(257) Dushman ko Sikasht dene ka Pehla Amal.

- "YAMUMINU" يَا مُؤْمِنُ 1001 Martaba Likhkar Tawiz Bana kar Apne paas Rakhne wale ki

Shaitan ki Burai se Inshaallah Hifazat Hogi koi Dushman ispar Qaabu Nahi pa-sakega.

(258) Dushman ko Sikast dene ka Dusra Amal.

- 300 Martaba “YA KHALIQU” يَا خَالِقُ Padhnewale se Inshaallah Uska Dushman Sikast khayega.

(259) Dushman ko najat Hasil karne ka Amal.

- Jis Shakhs par koi Dushman haavi ho, wo Tin Juma tak har juma ke Din 7000 Martaba “YA MUNTAQIMU” يَا مُنْتَقِمُ padhe to Inshaallah is Araz me Dushman ki Giraft se najat hasil karlega.

(260) Dushman ko Tabe karne ka Amal.

- “YA BAQIU” يَا بَاقِي Sanichar ke Din zawal ke Waqt se lekar Zuhar ki Namaz tak 7000 Martaba padhene se Inshaallah Dushman Tabe Hojaeyga.

(261) Dushman se Najat Hasil Karne ka Amal.

- Raat Aur Din ko Bawajud 5000 Martaba “YA MUNTAQIMU” يَا مُنْتَقِمُ padhnewala Inshaallah Dushman ki Giraft se Jald Rihai Hasil karega.

Zulm Aur Bure Aadmi.

(262) Zalimo ke Zulm se Hifazat ka Pehla Amal.

- Rozana Subah-Sham 226 Martaba “YA JABBARU” يَا جَبَّارُ padhne wala Inshaallah Zalimo ke Zulm w sitam se Mahfuz Rahega.

(263) Zalimo ke Zulm se Hifazat ka Dusra Amal.

- “YA SAMADU” يَا صَمَدُ Isha ki Namaz ke Baad 115 Martaba Rozana padhnewala Inshaallah kabhi kisi Zalim ki Girft me Nahi Aayega.

(264) Zalimo ke Zulm se Hifazat ka Tisra Amal.

- 75 Martaba “YA MUZILLU” يَا مُذِلُّ padhkar Sajdah me jakr Dua mangnewala Hasideen, Dushman Aur Zalimeen ki Burai se Inshaallah Mahfuz Rahega.

(265) Zalim se Rihai ka Amal.

- Zalim par “YA TAWWABU” يَا تَوَّابُ 10 Martaba padhkar Dam karne se Inshaallah Usse Rihai Nasib Hogi

(266) Log Taklif De Aur Gibat kare Usse Hifazat ka Amal.

- Jo Shakhs “YA JABBARU” يَا جَبَّارُ ki Pabandi kare logo ki Taklif Aur Gibat Se Mahfuz Rahega Aur Allah tala use Saahibe izzat Aur Gani Karega.

(267) Bure Aadmi ke paas Apna Haq Haasil

karne ka Amal.

- Jis Shakhs ka kisi ke Paas Haq Baqi ho Aur Wo Ada Na kar- raha Ho to **"YA MUZILLU"** **يَا مُذِلُّ** Ko kasrat se zikr karne se Inshaallah wo Us ka Haq Ada karega.

(268) Chor, Daaku, Bure Aadmi, Aur Buri Chizo se Hifazat ka Pehal Amal.

- Jumerat se Aagaz karke Aath 8 din Tak Subah Aur Sham 70 Martaba **"HASBI ALLAHU -AL-HASIB"** **حَسْبِيَ اللَّهُ الْحَسِيبُ** pahdnewala Har Chiz ki Burai se Aur har Bala se Pura saal Inshaallah Mahfuz Rahega.

(269) Chor, Daku se Hifazat ka Dusra Amal.

- **"YA WAKEELU"** **يَا وَكِيلُ** ka wird karne se Inshaallah Har Taklif ya Nuqsan se Hifazat Hogi.

Maal W Dolat W Jaan ki Hifazat

(270) Makan ki Hifazat ka Amal.

- Naye Makan par **"YA WALIU"** **يَا وَالِيُّ** likhkar Us me pani Bhar kar Makan me Charo Diwar par Chhidakne se Wo Makan Inshaallah Har Aafto se Mahfuz Rahega.

(271) Makan Aur Makeen ki Hifazat ka Amal.

- Apne Rahne ke Makan ke Upar ke Hissae me 3 jagah par “YA ALLAHU” يَا اَللهُ Likhe to jab tak ye mubark name waha likha hua Qaim rahega waha tak kabhi bhi Us makan ke Nicche dab kar kisi ki Mout Nahi Hogi, kabhi Sote ya Bedari Me wo Makan kisi par Nahi Girega, jab wo Bzate Khud Makan Todega Ya jab wo Makan Khali Hoga tab Girega Us makan ke Girne se kisi Insan ki Acchanak Mout Inshaallah Nahi hogi.

(272) Zal-Zlae se Makan ki Hifazat.

- Makan ke Buland Tarin Hisse par Ya Diwar par “YA ZAHIRU” يَا ظَاهِرُ likhne se wo makan ya Diwar zalzale se Inshaallah salamat Rahegi.

(273) Makan par Bijli Girne se Hifazat ka Amal.

- 7 Martaba “YA WAKILU” يَا وَكِيْلُ likhkar makan ke Buland tarin Hisse me laga de Inshaallah kabhi Us makan par bijli Nahi giregi.

(274) Makan kabhi Wairaan na Ho us ka Amal.

- 313 Martaba “YA WALIU” يَا وَالى padhkar pani par Dam karke makan ke Charo kono par Chhidkav karne se Inshaallah wo Makan ya Jaagir kabhi Wairan ya khali na rahegi.

(275) Chiz ki Hifazat Aur Barkat ke liye Amal.

- “YA HALIMU” يَا حَلِيْمُ Kagaz par likh kar pani

me Ghol kar us pani ko jis Chiz par Chhidke ya Lagaya jaye Us Chiz me Inshaallah Barkat Hogi Aur wo Chiz Mahfuz Rahegi.

(276) Maal Aur Doalt ki Hifazat ka Amal.

- Apne Maal W Doalt par Rozana 7 martaba “YA RAQIBU” ‘يَارَقِيبُ’ padhkar dam karne se Inshaallah Tamam Aafto se Mahfuz Rahega.

(277) Jaagir Aur Malik Qaim Rahne ke liye Amal.

- “YA MALIKU YA QUDDUSU” ‘يَا مَالِكُ يَا قُدُّوسُ’ Dono Name Milakar Rozana 1000 Martaba Andhere Me Padhne se Inshaallah jaagir Aur Malik Qaim Rahega.

(278) Gire Huwe Makan me Dabe Huwe Admi ki Jaan ki Hifazat ke liye Amal.

- Gusal karke Qibla Rukh Baithkar 1115 Martaba “YA MUHAIMINU” ‘يَا مُهَيْمِنُ’ tin Din tak padhne wale Shakhs par kisi makan ki Chhat Tut pade Aur wo Usme Dab jaye Fir Bhi Allah tala ke Fazl se Wo Shakhs Is Naghani Musibat se Inshaallah Salatmat Bahar Niklega.

Kheti Aur Maweshi ki Hifazat ke liye.

(279) Baag Aur Kheti ki Fasal ki Hifazat ka Amal.

- Rozana Fajar ki Namaz ke Bad 3000 Martaba “YA MUNIMU” يَا مُنِمْ Padhene se Inshaallah Baag Aur khet Har Qisam ke Nuqsan se Mahfuz Rahega.

(280) Tiddi se Khet ki Hifazat ka Amal.

- Char Nayi Thikdi par 7 Martaba “YA MANIU” يَا مَانِعْ Har Ek 1 par likhkar khet me Charo kono me Dafan karde to Inshaallah Us khet par Tiddi Nahi Aayegi.

(281) Khet ki Hifazat ka Amal.

- Char 4 Thikdi le kar Har Thikdi par 3 Martaba “ALLAHUBAAQI” اَللّٰهُ بَاقِيْ likhkar Baag ke charo 4 kono par Ek 1, Ek 1 Thikdi Dafan karde Allahtala ke Fazl se Wo Khet Zae Hone se Salamat Rahega.

(282) Maveshi ki Hifazat ka Amal. (Jaanwar)

- “YA HALIMU” يَا حَلِمْ kagaz par likhkar pani me Ghol kar us pani ko Maveshi par Chhidkne se Ya malne se Inshaallah wo Aafto se Mahfuz Rhega.

(283) Ghode ka Tufaan W masti Dur karne ka Amal.

- Jis Shakhs ka Ghoda Mastikhor Aur Tufaani Ho to Chane ke Andar 300 Martaba “YA WADUDU” يَا وَدُودْ Padhkar Aate par Dum

karke Ghode ko Khilaye to Allahtala ke Fazl se Inshaallah Tin din me Wo Tamam Sarkashi Aur Tufaan Bhul jayega.

Apni Zaat Aur Ahl ki Hifazat ke liye.

(284) Awlad Aur Maal W Dawlat ki Hifazat ka Amal.

- Awlad Aur Maal par Rozana 7 Martaba "YA RAQIBU" يَا رَقِيبُ Padhkar Dum karne se Inshaallah Tamam Aafto se Mahfuz Rahega.

(285) Apni Zahir Aur Batin ki Hifazat ka Amal.

- "YA MUMINU" يَا مُؤْمِنُ padhne se ya Likhkar Apne paas Rakhne se Zahir Aur Batin Allahtala ke Amaan (Hifazat) me Rahege.

(286) Dar Aur Khauf se Hifazat ka Amal.

- 630 Martaba "YA MUMINU" يَا مُؤْمِنُ padhnewala Har Qisam ke Khauf Aur Dar se Mahfuz Rahega Aur Us ke jan Aur Maal ko koi Nuksan Nahi payega.

(287) Dar, Khatra Aur Nuksan se Hifazat ka Amal.

- "YA HAFIZU" يَا حَفِیْظُ kasrat se padhnewala ya Likhkar Apne paas Rakhne wala Har Qisam ke Dar Khatra Aur Nuksan se Inshaallah Mahfuz Rahega.

PART-6

Ghar Aur Muasra

Miya, Biwi

(288) Miya, Biwi Me Muhbbat ka Pehla Amal.

- Khane ki Chiz par "YA KABIRU" يَا كَبِيرُ Padhkar Dum karke Miya ko Khilaye To Inshaallah Apas me Muhbbat paida Hogi.

(289) Miya, Biwi Me Muhbbat ka Dusra Amal.

- "YA WADUDU" يَا وَدُودُ 1000 Martaba Padhkar Khane ki Chiz par Dum karke Wo Khana Biwi ke Saath Baithkar kahane se Dono Me Muhbbat Paida Hogi Aur Na ittifaki Inshaallah Dur Hojayegai.

(290) Miya, Biwi Me Muhbbat ka Tisra Amal

- Bistar par lette waqt 20 Martaba "YA MANIU" يَا مَانِعُ Padhne se Inshaallah Miya-Biwi ki Naittifaq Dur hojaeygi Aur Apas me Muhbbat Paida Hogi.

(291) Miya-Biwi ki Na ittifaqi Dur karneka Amal.

- Biwi Rozana 1000 Martaba "YA MUMINU" يَا مُؤْمِنُ padhe to Sohar Burai BadAkhlaiqi Aur Bad Suluki se Inshaallah Mahfuz Rahegi.

(292) Miya-Biwi ko Apas ki Burai se Bachne ka Amal.

- 1001 Martaba kisi khane ki Chiz par "YA HAKIMU" يَا حَكِيمُ Padhkar Dum karke Dono khaye to Inshaallah Foran Dono me Ittifaq Hoga Aur Apas ki Muhbbat me Izafa Hoga.

(293) Miya-Biwi ki Nachuki Dur Hone ka Amal.

- 111 Martaba "YA WAJIDU" يَا وَاجِدُ Padhkar pani par Dum karke Jis Shakhs ko wo pani pilaya Jaye wo Shakhs Inshaallah Ziydah Muhbbat karega.
- Miya-Biwi ki Muhbbat ke liye Bhi Ye Amal Bahut Mufid He.

(294) Bad Akhlaq Sohar ki Islah ka Amal.

- Biwi Tin din tak 300 Martaba "YA BASITU" يَا بَاسِطُ padhkar pani par Dum karke Sohar ko Pilaye Ya khilane ki Chiz par Dum karke Khilaye to Bad Mizaz Sohar Biwi ke Saath Inshaallah Badsuluk Nahi karega.

(295) Bad Akhlaq Sohar ki Islah ka Amal.

- Biwi "YA WALIYU" يَا وَلِيُّ Padkar Badsuluk Sohar ke paas jayegi to Inshaallah wo Mehrbani se Accha Suluk karega.

(296) Bakhil Sohar ki Islah ka Amal.

- Biwi "YA KARIMU" يَا كَرِيمُ 1000 padhkar pani par Dum karke Bakhil Sohar ko Pilaye.
- Tin Din ke Andar Inshaallah Us me Sakhawat ki Sifat Paida Hogi Aur Bakhili me Inshaallah kami Hojaegi.

(297) Gussawar Sohar ki Islah Ka Amal.

- Biwi Subah Saam "YA MANIU" يَا مَانِعُ 21 Martaba padhkar Gussawar Sohar ki Taraf Samne se ya picche se Dum kare Inshaallah Chand Dino me Sab Sikshiayate Dur Hojaeygi.

(298) Sohar ki Badkalami ki Islah ka Amal.

- Biwi Nisf Raat ko ya Dopahr ko "YA SABURU" يَا صَبُورُ 1101 Martaba padhkar Allahtala se Dua kare Inshaallah Chand Dino me us ki Islah Hojayegi.

(299) Apni Biwio ke saath Gair Munsifanah suluk karne wale Sohar ki Islah ka Amal.

- Jo Shakhs Biwio me Insaf na kar sakta ho to 7000 "YA MUQSITU" يَا مُقْسِطُ Martaba padhkar Khani ke cheez per dam kar de kheladee

(300) Sohar ki Muhbbat Hasil karne ka Amal.

- Agar Aurat Apne Sohar ke liye 3000 Martaba "YA WADUDU" يَا وَدُودْ Padhkar kisi Bhi Itar par Dum kare Aur Wahi Itar Laga kar Sohar ke Samne Jaye to Sohar Apni Biwi se Muhbbat karega.

(301) Sohar ki Daimi Muhbbat Hasil karne ka Amal.

- Dulhan Rukhsat Hokaar jab Apne Khawind ke Samne jaye tab 7 Martaba "YA RAUFU" يَا رَؤُوفْ Padhle , Inshaallah Sohar Puri Zindgi Biwi par Mehrban Rahega Aur kabhi NaChaki Nahi Hogi.

(302) Sohar ki Nigah Me Aala Mukam Hasil karne ke liye Pehla Amal.

- Biwi 1000 Martaba "YA ZALJALI WALIKRAM" يَا ذَا الْجَلَالِ وَالْإِكْرَامِ Padhegi to Inshaallah Chand din me Sohar ki Nigah me Aala Muqam Hasil karlgi.

(303) Sohar ki Nigah me Aala Muqam Hasil karne ke liya Dusra Amal.

- Jo Aurat Apne Sohar ki Nigah se past Hogi Ho wo
- 7 Din tak Rozana Gusal kare Aur Do 2 Rakat Nafal Namaz Ada kare.
- Dono Rakat me Surahe Fatiha Aru Suah Ikhlas 1 Martaba padhkar Namaz Ada kare.

- Tin Din Rozana Khade Hokaar "YA AZIZU" **يَا عَزِيزُ** 300 Martaba Padhe.
- Pancwe, Chatte Aur Satve Din Baithkar Sajdah me jakar Kul 300 Martaba "YA AZIZU" **يَا عَزِيزُ** padhe Aur Dua kare. wo Biwi Sohar ki Nazar me Inshaallah Qabil Izzat Aur Muhabat Ban jayegi.

(304) Biwi ko Farmabardar Bannane ka Amal.

- Saveri NaFarman Biwi ke Paishani ke Baal Pakadkar Sohar 1000 Martaba "YA SHAHIDU" **يَا شَهِيدُ** Padhe to Inshaallah wo Farmabardar Ho jayegi.

(305) Badsuluk Miya, Biwi ki Islah Ka Amal.

- Sohar jab Apni Badsuluk Biwi ke Samne jaye tab "YA WALIYU" **يَا وَلِيُّ** padhe Inshaallah Uski Aadate Sudhar jayegi.
- Ye Amal Apne BadSuluk Sohar ki Islah ke liye karsakti He.

Awlad

(306) Awlad ki Hifazat ka Pehla Amal.

- Bacche ki Paidaish ke Bad Foran 7 Martaba "YA BARRU" **يَا بَرُّ** padhkar Us par Dum karne se Balig Hone tak Wo Baccha Tamam Aafto se Inshaallah Mahfuz Rahega.

(307) Awlad ki Hifazat ka Dusra Amal.

- Apne Baal Baccho par Rozana 7 Martaba “YA RAQIBU” يَا رَقِيبُ Padhkar Dum karne se Wo Tamam Aafto se Inshaallah Mahfuz Rahega.

(308) NaFarman Awlad ki Islah Ka Pehla Amal.

- Rozana Subah NaFarman Awlad ke Sar par Hath Rakhkar Asman ki Taraf Sar Rakhkar “YA SHAHIDU” يَا شَهِيدُ 21 Martaba padhkar Dum kare Inshaallah Sat 7 Din me Uski Islah Hojayegi.

(309) NaFarman Awlad ki Islah Ka Dusra Amal.

- Saveri NaFarman Awlad ki Paishani ke Baal Pakadkar “YA SHAHIDU” يَا شَهِيدُ 1000 Martaba padhe Inshaallah Sat Din me Uski Islah Hojayegi.

(310) Talibe Ilam ka Imtihan ka Natija Accha Ane ka Amal.

- Agar kisi Talib E Ilam ko Imtihan ka Natija Kharab Aane ka Andesha ho to wo Tin din Tak Bawuzu Qibla rukh Baith kar 11000 Martaba “YA HASIBU” يَا حَسِيبُ EK 1 Hi Majlis Me Padhe to Inshaallah Natija Accha Ayega.

(311) Awlad ki Shadi ke liye Amal.

- Jis Sakhs ki Awlad Kuwari Ho Aur Uski Shadi ke Kharch ke liye Koi Raqam na Ho ya kisi jagah se Paigam Ata Na ho to wo Sakhas 11 Din tak Rozana Isha ki Namaz ke Bad 11000 Martaba

يَا مُغْنِيَّ "YA MUGNI" padhe.

- Jumerat se Suru karke Itwar ke Din Khatm kare. Inshaallah Gaib se Intizam Hojayega.

(312) Kisi Ki Mout ka Ranj Wa Gam Dur karne ka Amal.

- Kisi ki Mout ya Kisi hadse se Ranjida Gamgin Admi ko Rozana 1000 Martaba "YA SABURU" **يَا صَبُورُ** padhkar Dum karke Pilaye.
- Ye Amal Uske Dil ko Sabar Dega Aur Allah tala Uske Gam ko Inshaallah Bhuladega.

Padosi, Dost Aur Rishtedar.

(313) Padosi ki Burai se Hifazat ka Amal.

- Jumerat se Shuru karke 7 Din tak Rozana Subah Shaam 70 Martaba "HASBIALLAHU ALHASIB" **حَسْبِيَ اللَّهُ الْحَسِيبُ** Padhne se Inshaallah padosi ki Buari se Aur har Bala se Mahfuz Rahega.

(314) kisi ko Dost Bannane ka Amal.

- Kisi Mithi Chiz par 320 Martaba "YA QUDDUSU" **يَا قُدُّوسُ** padhkar khane wala Inshaallah Dost ban jayega.

(315) kisi ke Dil Me Muhabbat paida karne ke liye Amal.

- "YA RAHIMU" **يَا رَحِيمُ** Kagaz par Likhkar pani Me Ghol kar Pilaye to Pinewale ke Dil me

Inshaallah Likhnewale ki Muhbbat Paida Hogi.(Basharteke Jaiz Muhbbat Ho)

(316) Jaiz Muhbbat ke Liye Amal.

- Jaiz Muhbbat ke liye Ye Dua Mujrab He.”ALLAHUMMA YA JAMIU NNASI LIYAWMI LLARAYBAFIHI.” **اَللّٰهُمَّ يَا جَامِعَ النَّاسِ لِيَوْمٍ لَا رَيْبَ فِيْهِ**

(317) Ristedar se Mulaqat ka Amal.

- Jis Shakhs ke Ristedar Muntasir Hogaye Ho wo Chast ke Waqt Gusal karke Asman ki Taraf Munh karke 10 Martaba **”YA JAMIU”** **”يَا جَامِعُ”** padhe Aur Ek 1 Ungli Band karle Isi Tarah 10 Martaba Par 1 Ungli Bandh karta jaye,Aakhir Me Dono Hath Munh par Ferle Inshaallah Sab jald jama Hojayege.

(318) Logo ko Tabedar Bannane ka Amal.

- Jo Shakhs **”YA MUMINU”** **”يَا مُؤْمِنُ”** ko 1000 Martaba puri Umar padhta Rahe to Inshaallah Sab log Uske Tabedar Ban jayege.

**Buri Aadete,Bure Akhlaq,
Bad Mizaji wagherah ki Islah.**

(319) Sharabi Sohar ki Islah ka Amal.

- Sharab ka Aadi, Zani Rozana **”YA BARRU”** **”يَا بَرُّ”** 7 Martaba padhe to Us ke Dil se Un Gunoho ki

Ragbat Inshaallah jati Rahegi.

(320) Tamam Buri Aadato ki Islah ka Amal.

- Musalsal 45 din Tak Rozana 93 Martaba Tanhai me “YA HAMIDU” **يَا حَمِيدُ** Padhne se Inshaallah Tamam Buri Aadte Dur Hojaygi Aur Acche Akhlaq Paida Honge.

(321) Bad Mizaz ki Islah ka Pehla Amal.

- Agar koī Shakhs BadMizaz Ho Aur wo Bazat Khud Apna Mizaz Nek karna Chahta ho to wo Rozana Subah Aur Shaam 300 Martaba “YA RAUFU” **يَارَوْفُ** padhe Inshaallah 21 Din me Islah Hojayegi.

(322) Gussawar Aur BadMizaz ki Islah ka Dusra Amal.

- Kisi Khane ki Chiz 100 Martaba “YA AFUWWU” **يَا عَفُوْ** Padhkar Dum kare wo kahna BadMizaz Sohar khilaye to Inshaallah Mizaz Bilkul Naram Ho jaye ga.
- Is Amal se Gussedar Shakhs khud Apne Mizaz ki Islah Bhi karsakta he.

(323) BadMizaj ki Islah ka Tisra Amal.

- “YA RAHMANU” **يَا رَحْمَنُ** Mushk W Zafran se Likhkar BadAkhlaq Admi ke Ghar Me Dafan kharidy Jaye to Us Admi ke Mizaj Aur Akhlaq ki Inshaallah islah Hojayegi.

(324) Zaban par Qabu Hasil karne ke Liye.

- Jis Shakhs ki Zaban par Gali Aur Bure Alfaz Zyadah Ate Ho Aur kisi Bhi Tarah Apni Zaban Par Qabu Na Rakh Sakta ho Wo Shakhs 90 Martaba Naye Pyale par "YA HAMIDU" يَا حَمِيدُ Likhe Aur 90 martaba "YA HAMIDU" padhkar Pyale par Dum Kare Aur Hamesha Us Pyale Se Pani Pita Rahe To Inshaallah Zarur Apni Zaban Par Qabu Palega.

Izzat, Aabru, Martaba Hasil Karne ke liye.

(325) Izzat Hasil karne Aur Muhtaji se Bacchne ka Pehla Amal.

- 40 Din Tak Rozana 40 martaba "YAAZIZU" يَا عَزِيزُ padhne se Allahtala Usko Duniya me Ba-izzat karega Aur Inshaallah kisi ka Muhtaj nahi Rahega.

(326) Izzat Hasil karne Aur Muhtaji se Bachne ka Dusra Amal.

- Jo Shakhs Rozana Fajar ki Namaz ke Bad 41 Martaba "YAAZIZU" يَا عَزِيزُ padhe Inshaallah kisi ka Muhtaj Nahi Banega Aur Hamesha Izzat Payega.

(327) Ba-Izzat Banne ke Liye Amal.

- Rozana "YAKARIMU" يَا كَرِيمُ Padhkar Sone se Allahtala Logo ki Nazro me Ba-Izzat Banayega.

(328) Izzat Aur Azmat Hasil karne ka Amal.

- "YA AZIMU" **يَا عَظِيمُ** Kasrat se padhne se Inshaallah Aman, Izzat Aur Azmat Nasib Hogi.

(329) Izzat Aur Buland Martaba Hasil karne ka Amal.

- "YA MUTAKBBIRU" **يَا مُتَكَبِّرُ** Kasrat se padhnewala Inshaallah Izzat Aur Buland Martaba Payega.

(330) Ba-Izzat Banne ka Pehla Amal.

- Jo Shakhs Hamesha Juma ya Pir ke Din Magrib ki Namaz ke Baad 40 Martaba "YA MUIZZU" **يَا مُعِزُّ** Padhe wo Inshaallah Logo ki Nazaro Me Ruab-daar Aur Ba-Izzat Banega.

(331) Ba-Izzat Banne ka Dusra Amal.

- "YA HALIMU" **يَا حَلِيمُ** kasrat se padhnewale Amir ka Dab-daba Aur Izzat Inshaallah Baqi Rahegi.

(332) DoBara Izzat hasil karne ka Amal.

- Jo Sakhs Rozana 3000 Martaba "YA ALIYU" **يَا عَلِيُّ** ka zikr kare usko Duniya me Inshaallah BeHad Izzat Aur Aakhirat Me Bada martaba hasil Hoga.

(333) Dono Jahan Me Izzat ke Liye Amal.

- Rozana 3000 Martaba "YA SHAKURU" **يَا شَكُورُ** ka zikr karne wale ko Duniya me Inshaallah Be Had Izzat Aur Aakhirat Me Bada Martaba hasil

Hoga.

(334) Izzat Aur Azmat Hasil karne ka Amal.

- “YA ZALJALALI WALIKRAM” يَا ذَا الْجَلَالِ وَالْإِكْرَامِ Kasrat se padhne se Buzurgi Aur Azmat Inshaallah nasib Hogi.

(335) Ba-Izzat Rahne ka Amal.

- Jo Shakhs “YA MALIKU” يَا مَلِكُ Hamesha 3000 Martaba Padhe Wo Duniya walo ki Nazar me Inshaallah Izzat wala, Sahibe Martaba Rahega.

(336) Izzat Aur Martaba hasil karne ka Pehal Amal.

- Jo Shakhs Raat ko Bistar par Lete Aur “YA KARIMU” يَا كَرِيمٌ padhte padhte So jaye to Uski Izzat Aur Martaba ke liye Farishte Dua kare ge Aur Subah ko logo ki Nigah me Inshaallah Bahut hi Bada Aur Buzurg Malum Hoga, Hazrat Ali ra “YA KARIMU” يَا كَرِيمٌ Ko kasrat se padha karte the.

(337) Izzat Aur Martaba Hasil karne ka Dusra Amal.

- Izzat Hasil karne ke Liye Fajar ki Namaz ke Bad 99 Martaba “YA MAJIDU” يَا مَجِيدٌ Padhna Aur Fir Apne Badan par Dum karna Inshaallah Bahut hi Nafa Bakhsh Hoga.

(338) kisi ki Mulaqat ke Liye Jaye to wo Izzat kare uske liye Amal.

- Jo Shakhs "YA AHADU" يَا أَحَدُ 9 Martaba padhkar kisi kaam ke liye ya kisi ki Mulaqat ke liye jaye to wo Usko Badi Izzat Bhari Nazar se Dekhega.

(339) Ajnabi Logo Me Izzat Hasil karne ka Amal.

- Jo Shakhs kisi Jagah Ajnabi Logo Me jaye Aur "YA AAKHIRU" يَا آخِرُ 41 Martaba padhe Inshaallah uski Izzat Hogi Aur Bada Rutba Hasil Karega.

(340) Logo ki Nazar me Izzat ke liye Pehal Amal.

- Jo Shakhs "YA RAUFU" يَا رَوْفُ Nisf Raat ko Ya Barabar Dophar ke Waqt 100 Martaba padhe Inshaallah Logo ki Nazar me Balzzat Ban Jayega.

(341) Logo ki Nazar me Izzat ke liye Dusra Amal.

- Jo shakhs Peer Aur Jumerat k Raat ko Magrib ki Namaz ke Bad 140 Martaba "YAMUIZZU" يَا مُعِزُّ padhe wo Logo ki Nigah me Haibat Aur Izzat Hasil karega Aur Inshaallah Allahtala ke Siwa kisi se Nahi Darega.

(342) Logo ki Nazar me Izzat ke liye Tisra Amal.

- Jo shakhs Rozana Zuhar ki Namaz ke Bad 9

Martaba "YA HALIMU" يَا حَلِيمٌ padhe wo Hamesha Logo me Ba-Izzat Ban kar Rahega Inshaallah kabhi kisi ke Samne Be Izzati Aur Sharmindagi Nahi uthani Padegi.

(343) Logo ki Nazar me Izzat ke liye Chotha Amal.

- Jo shakhs Rozana "YA MALIK-AL-MULK" يَا مَالِكُ الْمُلْكِ 7000 Martaba Padhe Aur Puri Zindgi padhne ka Irada karle wo Shakhs Inshaallah Gani, Bawaqar Aur Baizzat Hokaar Zindgi Basar karega, Koi Uski Izzat Par hamla Nahi karega.

(344) Logo ka Mahbub Banne ka Amal.

- Jo Shakhs Rozana "YA BATINU" يَا بَاطِنُ 1021 Martaba Isha ki Namaz ke Bad Andhere Me Baithkar Padhe wo Inshaallah Logo ka Mahbub Ban jayega.

(345) Izzat, Azmat me Izafa ke liye Pehla Amal.

- Rozana "YA MALIKU" يَا مَلِكُ padhne wale ki Izzat, Azmat me Inshaallah Allahtala Izafa karega.

(346) Izzat, Azmat me Izafa ke liye Dusra Amal.

- Jo Shakhs Mushk Aur zafran se "YA JALILU" يَا جَلِيلُ Likhkar Apne pas Rakhe ya kasrat se Uska wird rakhe to Inshaallah Makhluq ke Dilo me Uska Ruab Paida Hoga Aur Uski Izzat Aur

Azmat me Inshaallah Izafa Hoga.

(347) Logo ki Nigah me Azmat Paida Karne ka Amal.

- Hamesha Isha ki Namaz ke Bad 3000 Martaba “YA MAJIDU” يَا مَاجِدُ padhna Logo ke Dilo me Ruab Aur Dar Paida Hoga.

(348) Logo Me Ruab W Dar Jamane ka Pehal Amal.

- Rozana 3000 Martaba “YA KABIRU” يَا كَبِيرُ padhne wale ka Inshaallah Logo ke Dilo me Ruab Aur Dar Paida Hoga.

(349) Logo Me Ruab W Dar Jamane ka Dusra Amal.

- Jo shakhs Chandi ki Anguthi par “YA JABBARU” يَا جَبَّارُ Kundah karke pehne Uski Haybat Ruab, Dabdaba Aur Dar Logo ki Nigah me Inshaallah paida Hoga.

(350) Makhlug ko Tabedar Bannane ka Pehal Amal.

- Jo Shakhs Juma ke Din Ya Juma ki Raat ko Roti ke 20 Tukdo par “YA ADLU” يَا عَدْلُ likhkar kahega To Inshaallah Allah tala Makhlug ko Uski Tabedar Banadega.

(351) Makhlug ko Tabedar Bannane ka Dusra Amal.

- Jo shakhs Roti ke Tukdo par padhkar “YA

MUHSIY” **‘يَا مُحْسِي’** par Dum karke Khaye To Inshaallah Makhlūq Uski Tabedar Ban Jayegi.

(352) Zindgi Me Har Qisam ki Tarraqi ke Liye Amal.

- Jo Shakhs Rozana 1011 Martaba **“YA AZIMU”** **‘يَا عَظِيم’** padhe wo Inshaallah Dost Aur Dushman Sab ki Nazar me Mahbub Aur Balzzat Banega.

(353) Makhlūq ke Saath Apas me Meharban Hone ka Amal.

- **“YA RAUFU”** **‘يَا رَوْف’** Padhnewale par Inshaallah Makhlūq Mehrban Hogi Aur Makhlūq par wo Shakhs Mehrban Hoga.

Tawangar Aur Be Niyaz Hone ke Liye.

(354) Zahiri Aur Batini Be Niyazi ka Amal.

- Jo Shkhas kasrat se **“YA WASIU”** **‘يَا وَاسِع’** Ka wird Rakhega Inshaallah Use zahiri Aur Batini BeNiyazi Nasib Hogi.

(355) Makhlūq se BeNiyazi ka Amal.

- Jo Shkhas Savere Sajde me Sar Rakhkar **“YA SAMADU”** **‘يَا صَمَدُ’** 115 Martaba ya 125 Martaba padhe, Use Inshaallah Zahiri Aur Batini Sacchai Nasib Hogi Aur Inshaallah Makhlūq se BeNiyazi Nasib Hogi.

(356) Be Niyazi Ka Amal.

- Jo shakhs Rozana Chasht ki Namaz ke Bad Aasman ki Janib Hath Uthakar 10 Martaba **"YA BASITU"** **يَا بَاسِطُ** padhkar Hath Munh par Ferega wo Inshaallah BeNiyaz banega Aur kisi ka Bhi Muhtaj na Hoga.

(357) BeNiyazi Hasil Hone ka Amal.

- Har Mahine ki Chodahvi Raat ko Aadhi Raat ko 100 Martaba **"YA RAFIU"** **يَا رَافِعُ** padhne wale ko Allahtala Makhlūq se BeNiyaz Aur Tawangar Banadega.

(358) Tawangar Aur Be Niyaz Banne ka Amal.

- Jo shakhs **"YA MALIK-UL-MAULK"** **يَا مَالِكُ الْمُلْكِ** Ko Hamesha Padhta Rahega Allahtala Usko Logo se BeNiyaz Farmadega.

(359) Tawangar Hone ka Amal.

- Jumerat ke Din Ya juma ki Raat ko 19000 Martaba **"YA GANIYYU"** **يَا غَنِي** Padhna Aur Hamesha ye Amal karte Rahena, Insan ko Gaib se Tawangar Aur Sahibe Dawlat Bana deta He Lekin Allahtala ke Fazl ki har Kamo me Zarurat He.

(360) Zahiri Aur Batini Dawlat ka Amal.

- Jo Shakhs Awwal Aur Aakhir 11 Martaba Durud shrif Padhkar 1111 Martaba **"YA MUGNI"** **يَا مُغْنِي** padhega usko Inshaallah Allahtala Zahiri Aur Batini Gina(Dawlat) Ata Farmayega.

Maqsad, Kaam Aur Dua ki Qabuliyat ke liye.

(361) Kaam me Aasani ka Pehla Amal.

- Jis Shakhs ka koi kam pura na Hota Ho wo "YA HAKIMU" **يَا حَكِيمُ** ko pabandi se padha kare Inshaallah Us ka kaam Pura Hojayega.

(362) Kaam me Aasani ka Dusra Amal.

- Jo Shakhs Sokar Uthne ke Bad kasrat se "Ya MUQTADIRU" **يَا مُقْتَدِرُ** ka wird kiya kare to Inshaallah Uske Tamam kaam Aasan Hojayege.

(363) Tamaam Hajate Puri Hone ka Amal.

- Do Rakat Namaz Padhkar "HUWAL AWWALU WAL AAKHIRU WAZZAHIRU WAL BATINU WHUWA ALA KULLI SHAIIN QADIR."

هُوَ الْأَوَّلُ وَالْآخِرُ وَالظَّاهِرُ وَالْبَاطِنُ وَهُوَ
عَلَى كُلِّ شَيْءٍ قَدِيرٌ

padhte rahne se Inshaallah Tamam Hajate Puri Hogi.

(364) Har Mushkil Kaam Me Aasani ka Pehla Amal.

- Jo Shakhs Juma ki Namaz se Pehle Paki, safai Aur Qalbi Itminan ke Saath 100 Martaba "YA ALLAHU" **يَا اللَّهُ** Padhe to Allahtala Uske Tamam kaam Inshaallah Aasan Farmadege.

(365) Har Mushkil kaam me Aasani ka Dusra

Amal.

- "YA TAWWABU" يَا تَوَّابُ kasrat se padhnewale ke Tamaam kaam Inshaallah Aasan Ho jaye ge.

(366) Har Mushkil Kaam Me Aasani ka Tisra Amal.

- Zuhar ki Namaz ke Bad 90 Martaba "YA HAKIMU" يَا حَكِيمُ padhne se Inshaallah Har Mushkil kaam Aasan Hojayega.

(367) Har Mushkil Kam Me Asani ka Chotha Amal.

- Har Mushkil kaam me 21000 Martaba "YA QAYYUUMU" يَا قَيُّوْمُ teen Din tak padhna Bahut Mujrrab Amal He.
- Ek Aadmi ye khathm padhe ya Tin Admi padhe.
- Tin Aadmi Se Ziyadh Na padhe.
- Tin din me 63000 Martaba padha jaye.
- Allahtala ke Fazl se Is Muddat me Tamaam Mushkilat Inshaallah Dur Hojayegi.

(368) Har Mushkil Kaam Me Aasani ka Pancwa Amal.

- Jo Shakhs Rozana 100 Martaba "YA MU AKKHIRU" يَا مُؤَخِّرُ padhe us ke Tamaam kam ki Zimmedari Allahtala Bazaat-e- Khud le-lega us ke Mushkil se Mushkil kaam Gaib se Inshaallah Aasan Hojayge.

(369) Har Mushkil Kaam Me Aasani ka Chhatta Amal.

- Kisi Mushkili ke waqt 9000 Martaba "YA MUTA AALI" **يَا مُتَعَالِي** 1 Hi Majlis Me Padhna Bahut Mujrrab Saabit Huva He.

(370) Maqsad me Kamiyabi ka Pehla Amal.

- Kisi Khaas Aur Jaiz Maqsad ke Liye 700 Martaba "YA MUQSITU" **يَا مُقْسِطُ** Padhega to Inshaallah wo Maqsad Haasil Hoga.

(371) Maqsad me Kamiyabi ka Dusra Amal.

- Jo Shakhs Khali Kuze mIn 7 (sat) Martaba " YA MUQITU" **يَا مُقِيتُ** Padh kar dam kare ga or Us men Khud Pani Pyaga ya Kise ko pilaye ga ya sunge ga to Inshaallah Maqsad men Kamiyabi hoge.

(372) Hasbe Mansha ka Hona.

- Kisi Bhi kaam ke Shuru karte waqt 41 Martaba "YA NAFIU" **يَا نَافِعُ** Padhne se Inshaallah wo kaam Hasbe Mansha Hoga.

(373) Khas Hajat Puri Hone ka Amal.

- Khaas Hajat Darpaish ho to Ghar Ya Masjid ke Sahan me Tin Martaba Sajdah karke Hath Uthaye Aur 100 Martaba "YA WAHHABU" **يَا وَهَّابُ** padhe Inshaallah Hajat puri Hojayegi.

(374) Dua Qubul Hone ka Pehla Amal.

- Jo Shakhs Rozana 500 Martaba “YA KHAFIZU”
‘يَا خَافِضُ’ padha kare Inshaallah Uski Hajate Puri
Hogi Aur Mushkilaat Dur Hogi.

(375) Dua Qubul Hone ka Dusra Amal.

- Jo Shakhs “YA MUJIBU” ‘يَا مُجِيبُ’ ko kasrat se
padha kare to Inshaallah Uski Duaye Bargahe
Khudawandi Me Qubul Hone Lagegi.

(376) Dua Qubul Hone ka Tisra Amal.

- Jo Shakhs Jumerat ke Din Chast ki Namaz ke Bad
500 Martaba ya 100 Martaba ya 50 Martaba
“YA SAMIU” ‘يَا سَمِيعُ’ padhega to Inshaallah
Uski Duaye Qubul Hogi.

(377) Dua Qubul Hone ka Chotha Amal.

- Pir ki Raat ko Gusal karke Munh Aasman ki Taraf
Uthakar 141 Martaba “YA MUTAALI” ‘يَا مُتَعَالِي’
padhkar jo Dua Mange ga wo Inshaallah Qubul
Hogi.

(378) Har kaam ki Kaamiyabi ka Pehla Amal.

- Kaam ki Ibtida me “YA MUTKABBIRU”
‘يَا مُتَكَبِّرُ’ Kasrat se padhne se Inshaallah
Kaamiyabi Hogi.

(379) Har kaam ki Kaamiyabi ka Dusra Amal.

- “YA HALIMU”, YA ALIMU , YA ALIYU , YA
AZIMU” ‘يَا حَلِيمُ، يَا عَلِيمُ، يَا عَلِيُّ، يَا عَظِيمُ’
151000 Martaba Khatm karne se Usi Hafte me
Inshaallah Kaamiyabi Hogi.
- Mamuli Zarurat ke liye 1000 Martaba padhkar

Dua karna bhi kafi He.

(380) Har kaam ki Kaamiybi ka Tisra Amal.

- Jo Shakhs 9 Martaba “YA AHADU” يَا أَحَدُ padhkar Jis kaam ke Iradhe se jayega wo Kaam Inshaallah Aasani se Hojayega.

(381) Har kaam ki Kaamiybi ka Chotha Amal.

- Jo shakhs Nisf Raat ko khada Rehkar 3000 Martaba “YA MUNTAQIMU” يَا مُنْتَقِمُ padhe to Jis Jaaiz Murad ke liye Padhega Wo Murad Inshaallah puri Hogi.

(382) Har kaam ki Kaamiybi ka Pancwa Amal.

- Jo shakhs Rozana Isha ki Namaz ke Baad “
YA BADI AI AJAIBI BILKHAYRI YA BADI U”

يَا بَدِيعَ الْعَجَائِبِ بِالْخَيْرِ يَا بَدِيعُ

12 Din tak 1200 Martaba Jis kaam ya Maqsad ke liye padhega Inshaallah wo pura Amal Khatam Hone se Pehle hasil Hojyaega. ya Amal Mujrrab He.

Gum Ho jana Ya Chori Hojana.

(383) Gumshuda Chiz ki Wapsi ka Pehal Amal.

- “YA RAQIBU” يَا رَقِيبُ Ko kasrat se padhne se Inshaallah Gumshuda Chiz Hasil Hojyegi.

(384) Gumshuda Chiz ya Aadmi ki Wapsi ka Dusra Amal.

- Kagaz ke Charo Kono par” **ALHAQQU**” الْحَقُّ
Likhkar kar saveere kagaz ko Theli par Rakhkar
Aasman ki Taraf Buland karke Dua kare
Inshaallah GumShuda chiz ya Saaman Mil
jayega, Aur Inshaallah Nuqsan se mahfuz
Rahega.

(385) Gumsuhda Admi ki Wapsi ka Tisara Amal.

- Jab Ghar ke Sab Admi Sojaye Tab Ghar ke Charo kono me 70 Martaba **”YA MUIDU”** يَامُعِيدُ padhe To Inshaallah GumSuhda Aadmi wapas Aajyega, Ya-wo Kaha He Uska Pata Chal Jyega.

(386) Gum Shudha Chiz k wapsi ka Chota Amal.

- Agar koi Chiz Gum Hojaye To Ye Dua Padhe To Inshaallah wo Mil jayegi **”ALLAHUMA YA JAMIUNNASI LIYWAMI ALRAYBAFIHI IJMA ZALLTI”**
اللَّهُمَّ يَا جَامِعَ النَّاسِ لِيَوْمٍ لَّا رَيْبَ فِيهِ، اِجْمَعْ ضَالَّتِي

(387) GumShudha Chiz ki Wapsi ka Panchwa Amal.

- **”YA MALIK-AL-MULK”** يَا مَالِكَ الْمُلْكِ
10000 Martaba Padhne se Inshaallah
Gumshuhda Chiz wapas Mil Jayegi Ya Qalb ko
Sabar Wltminan Hojayega.

(388) GumShudah ki wapsi ka Chatta Amal.

- Isha ki Namaz ke Bad 7000 Martaba “YA MUIDU” يَا مُعِيدُ padhne se Inshaallah Gum shuda Saman wapas Mil jayega.

(389) Chor se Hifazat ka Amal.

- Raat ko Sote Waqt 7000 Martaba “YA RAQIBU” يَا رَقِيبُ padhkar Dum karne se Raat ko Ghar me Chor Nahi Aayega.

(390) Chori Suhdah Maal ki wapsi Ka Amal.

- Ek Kagaz ke Charo Kono me “YA HAQQU” يَا حَقُّ Likhkar Uske Bich Me Gum Shudaha Saman ka Name Likhkar Nisf Raat ko Us Kagaz ko Hatheli par Rakhkar Aasman Ki Taraf Hath Uthakar Nichewali Dua Karne se Inshaallah Chori Shuda Saaman Mil Jayega “ILAH! Hazrat Sayiddul Murslain ke Sadqe Tufel Mera Saman Mujhe Mil Jaye.

(391) Chori Shuda Ya Gum Shuda Chiz Wapas Hasil Karne ka Amal.

- Pehle 21 Martaba Ye padhe “YA JAMIU ALMUTAFRRIQIN IJMALI ZALLI YA JAMIU”

يَا جَامِعَ الْمُتَفَرِّقِينَ اِجْمَعْ لِيْ ضَالَّتِيْ يَا جَامِعُ

Fir 3000 Martaba Sirf “YA JAMIU” يَا جَامِعُ Pdhe Insha allah Gumshudah ya Chori Suhdah Chiz Wapas Hasil Hojayegi.

Safar Aur Musafir

(392) Safar Me Hifazat ka Pehla Amal.

- Musafir Safar me "YA QUDDUSU" 'يَا قُدُّوسُ' Kasrat se padhe Inshaallah Lachar Aur Bebas Nahi Hoga Aur Sahih- Salamt Manzil par Pahoach Jayega.

(393) Safar Me Hifazat ka Dusra Amal.

- Musafir Juma ke Din 1000 Martaba "YA AWWALU" 'يَا أَوَّلُ' Padhe Inshaallah Jald Bkheriyat Watan Wapas Pahoach.

(394) Safar Me Hifazat ka Tisra Amal.

- Mubark Name "ALLAHU" 'اللَّهُ' Ko Bade Huruf Me Likhe.
- Uske Baad Us ke Alif Haraf ko Kainche se Kaat kar Juda kare.
- Musafir Apne Bazu par Ye kata huva Bandh le.
- Baqi Name "ALLAHU" 'اللَّهُ' Apne Ghar Me Baal Baccho Me Amanat Rakh Jaye. Inashaallah Musafir Sahih Salamat Apne Ghar wapas Aayega.

(395) Safar Me Hifazat ka Chotha Amal.

- Safar Me jate Waqat Apne Ahlo Ayal ko Ek 1 Jagah jama karke 7 Martaba "YA RAQIBU" 'يَا رَقِيبُ' padhkar Sab par Dam kare To Allah tala sab ki Hifazat kaega Aur Musafir ke Sath Tamam ko Zindah Salamati ke Saath Mulaqat karayega.

(396) Safar Me Hifazat ka Panchwa Amal.

- Agar kashti ya Bade jahaz ke Safar me Hawa ke Tufan ka Andesha Ho Ya kisi Makan me Aag Lagne ka Andesha ho to Rozana 1000 Martaba padhnese "**YA WAKILU**" يَا وَكِيْلُ Inshaallah Tamam Aafto Se Aman Milega.

(397) Safar Me Hifazat ka Chhatta Amal.

- Safar me jate waqt 101 Martaba "**YA AAKHIRU**" يَا آخِرُ padhkar Apne Aur Ahlo Ayal ko Allahtala ke Hawale kare Inshaallah Bakhair Ghar Wapas Aayega Aur Sab ko Zinda Aur Salamat Payega.

(398) Safar Me Hifazat ka Satwa Amal.

- Rail, kashti Ya Bade Jahaz Wagerah me Sawar Hote Waqt 7 Martaba "**YA BARRU**" يَا بَرُّ padhe to Tamam Aafto se Salamat Rahega Aur Inshaallah Salamti ke Saath Savari se Utrega.

(399) Safar Me Hifazat ka Aathwva Amal.

- Raat ko 1000 Martaba "**YA MUIZZU**" يَا مُعِزُّ Padhkar kisi Jagah Safar Me Jaye To koi Taklif Denewali Baat Samne Aayegi Aur Pure Safar Me Bahut Hi Bawaqar Aur

Baizzat Rahega Aur Inshaallah Salamati ke Saath Gahar Wapas Aayega.

(400) Safar Me Saaman ki Hifazat ka Pehla Amal.

- Safar ke saaman par Tin Martaba “YA HAFIZU” “يَا حَفِيزُ” ke Huruf Alag Alag Likhe de Inshaallah wo Saman Kabhi Gum Nahi Hoga Aur Sahih Salaamat Manzil E Maqsud Tak Pohchega.

(401) Safar Me Saaman ki Hifazat ka Dusra Amal.

- Apne Saman par 10 Martaba “YA JALEELU” “يَا جَلِيلُ” padhkar Dum kare To Inshaallah Uska Saman Chor ke Hath se Mahfuz Rahega.

(402) Safar ke Darawne pan se Hifazat ka Amal.

- Pani ke Khali Bartan Me Musafir 7 Martaba “YA MUQITU” “يَا مُقِيتُ” padhkar Dum kare Aur Us me Khud pani Piye ya kisi Dusre ko Pilaye ya Us Pani ko Sunghe to Safar ke Darawne pan se Inshaallah Mahfuz Raheag.

(403) Safar se Hifazat ke Saath Watan wapsi ka

Amal.

- Musafir Rozana 3000 Martaba "YA ALIYU" يَا عَلِيُّ ka Wird Rakhega to Us Safar sa Apne Watan Inshaallah Sahih Salamti ke Saath Wapas Pohchega.

(404) Safar me Tamam kaam Durust Hone ka Amal.

- Safar me jate Waqt 11 Martaba "YA HADIU" يَا هَادِيْ Pdhna Bahut Hi Nafa Bakhsa He Inshaallah Tamam Kaam Durust Rahega.

(405) Dariya i Safar Me Hifazat ka Pehla Amal.

- Daryai Safar ka Musafir 7 Martaba "YA HAFIZU" يَا حَفِیْظُ Likhkar Apni Dahni Bazu par Bandhe Inshaallah wo Tufaan se Garq Hone se Aur Digar Tamam Aafato se Mahfuz Rahega.

(406) Dariya Safar Me Hifazat ka Dusra Amal.

- Dariyai Safar me Musafir "YA NAFIU" يَا نَافِعُ kasrat se Padhta Rahe To Garq Hone se Tufaan se Inshaallah Mahfuz Rahega.

PART-7

Rizq, Tijaarat, Karobar, Mulazimat, Court Aur Muqqadama.

Rizq

(407) Rizq Me Barkat ka Amal.

- Jo Shakhs 133 Martaba "YA LATIFU" يَا لَطِيفُ Padha kare Inshaallah Uske Rizq me Barkat Hogi Aur Us ke Sab kaam Bkhubi Pure Honge.

(408) Rizq Hasil karne ka Amal.

- Rozana 1000 Martaba "YA ALLAHU" يَا اَللهُ Ka Zikr karne wale ko Allahtala Bilyaqin Rizq Ata Farmayega.

(409) Rizq ke Darwaze Khulne ka Pehla Amal.

- Fajar ki Namaz ke Baad 300 Martaba "YA WAHHABU" يَا وَهَّابُ Padhe Aur Awwal Aur Aakhir me 11 Martaba Durud Sarif Padhkar Dua kare to Inshaallah Allahtala Rizq ke Darwaze Khol Dega.

(410) Rizq ke Darwaze Khulne ka Dusra Amal.

- Fajar ki Namaz se Pehle Apne Makan ke Charo Kono Me 10 Martaba "YA RAZZAQU" يَا رَزَّاقِي padhkar Dum karne se Inshaallah Allahtala Rizq ke Darwaze Khol Dege.

(411) Rizq ke Darwaze Khulne ka Tisra Amal.

- 41 Martaba "YA SHAKURU" يَا شَكُورُ padhne se

Inshaallah Rizq ke Darwaze Khul Jayenge Aur Maashi Tangi Aur Ranj w Gam Dur Hojayega.

(412) Rizq ke Darwaze Khulne ka Chotha Amal.

- "YA WAKILU" يَا وَكِيْلُ Kasrat se padhne se Inshaallah Rizq Aur Bhalai ke Darwaze Khulege.

(413) Rizq ke Darwaze Khulne ka Panchwa Amal.

- Hamesa Rozana Fajar ki Namaz ke Bad 1000 Martaba "YA WAHHABU" يَا وَهَّابُ Padhne se Thodi Muddat me Rizq ke Darwaze Inshaallah Khul Jayege.

(414) Rizq ki Tangi Dur karne ka Pehla Amal.

- "YA WAHHABU" يَا وَهَّابُ Ko kagaz par Likhkar. Apne paas Rakhne wale ko Insha allah Rizq ki Tangi Nahi Hogi.

(415) Rizq ki Tangi Dur karne ka Dusra Amal.

- Jo Shakhs Maashi Tangi se Laachar Hogaya Ho Wo Shkhs Rozana Mutawatir 40 Din Tak 5000 Martaba "YA SAHKURU" يَا سَكُوْرُ padhe to Inshaallah Gaib se Aisa Gani Ban Jayega ke Khud Bhi Hairat Angez Hoga.

(416) Rizq Me Kushdgi Ka Amal.

- Rizq ki Kushadgi ke liye Rozana Isha ki Namaz ke Baad 5000 Martaba "YA WASIU" يَا وَاسِعُ padhta rahe Ye Bahut Hi Mujrrab Amal He.

(417) Rizq Me Tarqqi ka Amal.

- Bager Chode Rozana Surah Muzzammil 11 Martaba padhe Aur 1100 Martaba "YA MUGNI" **يَا مُغْنِيْ** Padhe Awwal Aakhir me Durud Sharif padhe Rizq me Tarqqi ke Liye Bahut Mujrrab Amal He.

(418) Rizq Kushada Hona.

- Hamesha Juma ki Namaz ke Bad 100 Martaba "YA GAFFARU" **يَا غَفَّارُ** Padhne wale ko Hamesa Kushsada Rizq Nasib Hoga.

Muflisi Aur Muhtaji Dur Hone ke Liye.

(419) Naadari Aur Faqr W Faaqa se Najat ka Pehla Amal.

- Jo Shakhs "YA WAHHABU" **يَا وَهَّابُ** KO kasrat se padhe ya Usko Likhkar Apne Paas Rakhega Us ko Naadari Aur Faqr Faaqa se Hairat Angez Tarike par Inshaallah Najat Milegi.

(420) Naadari Aur Faqr W Faqah se Najat ka Dusra Amal.

- Chasht ki Namaz ke Aakhri Sajdah me 40 Martaba "YA WAHHABU" **يَا وَهَّابُ** padhne se Naadari Aur Faqr Faaqa se Inshaallah Najaat Milegi.

(421) Naadari Aur Faqr W Faaqa se Najaat ka Tisra Amal.

- Do Rakat Nafal Namaz padh kar Apne Maqsad w Matlab ko Zahn me Rakhkar 100 Martaba “YA LATIFU” ‘يَا لَطِيفُ’ padhne wala Inshaallah Faqr Faaqa se Najat payega.

(422) Muflisi Aur Bekari Dur Karne ka Amal.

- Jo Shakhs Muflis Aur Bekar Ho wo 21 Din tak Rozana Do Rakat Tahiatul wuzu Padhkar 300 Martaba “YA LATIFU” ‘يَا لَطِيفُ’ Padhe to Inshaallah Uski Muflisi Aur Bekari Dur Hojayegi.

(423) Muhtaji se Hifazat Ka Pehla Amal.

- Jo Shakhs Rozana Farz Namaz ke Bad 21 Martaba “YA MUNIMU” ‘يَا مُنِمْ’ padhe wo Inshaallah kabhi Mohtaj Aur Muflis nahi Hoga.

(424) Muhtaji se Hifazat Ka Dusra Amal.

- Jo shakhs Mutawatir 10 Juma Tak Juma ke Din Fajar ki Namaz ke Baad 7000 Martaba “YA MUGNIU” ‘يَا مُغْنِيْ’ padhe to Gaib se Allah tala Use Logo ki Muhtaji se Bacchega Aur Apne Khazane se Sukun Dilayega.

(425) Bhuk se Hifazat ka Amal.

- Jo Shakhs Rozana 3000 Martaba Roti ke chaar Luqmo par “YA QABIZU” ‘يَا قَابِضُ’ Likhkar khayega wo Inshaallah Bhúk se Mahfuz Rahega.

(426) Garibi Dur Hone ka Pehla Amal.

- Garib Shakhs Rozana 3000 Martaba “YA ALIYU” ‘يَا عَلِيْ’ ka Wird Rakhe to wo Inshaallah Gani

Hojayega.

(427) Garibi Dur Hone ka Dusra Amal

- Agar koi Pehle Gani tha Aur Fir Garib Hogaya Aur wo ye Chahe ke Uske Pahle Jaisi Halat Do Barah Hojaye to 21 Din tak “YA MUEEDU” **يَا مُعِيدُ** padhe Chand Dino Me Wahi halat Inshaallah Qaim Hojayegi.

Tijarat, Karobar

(428) karobar Me Tarraqi ka Pehla Amal.

Rozana “YA RASHIDU” **يَا رَشِيدُ** Ka Wird Rakhne se Inshaallah Tamaam Mushkilaat Dur Hojayegi Aur Karobar me Khub Tarraqqi Hogi.

(429) karobar Me Tarraqi ka Dusra Amal.

Fajar ki Namaz ke Bad 298 Martaba “YA RAHMANU” **يَا رَحْمَنُ** Padhne wala Allahtala ki khas Rahmat Me Dakhil Hoga Aur Duniya Me Uski koi Mushkeli Nahi Rahegi Har karobar me Inshaallah Barkat Hasil Hogi.

(430) Tijarat me Barkat ka Amal

Har Nae Chiz ya Maal Kharidte Waqt Pehle 41 Martaba “YA NAFIU” **يَا نَافِعُ** padhne se Inshaallah Tijarat me Bahut Barkat Hogi.

(431) Tijarat me Nuqsan se Hifazat ka Amal.

Rozana Fajar ki Namaz ke Bad 3000 Martaba “YA MUNIMU” **يَا مُنِعمُ** padhe to Inshaallah

Tijarat me kisi ka Nuqsan Nahi Hoga.

(432) Tijarat me Nuqsan se Hifazat ka Amal.

Dukan, Aafis ya Karkhane ka Tala Kholne se Pehle "YA GANIYU" 'يَا غَنِيُّ' padhe to Insha allah Tijarat ke Maal me Barkat Hogi Kabhi Nuqsan Nahi Hoga.

(433) Tijarat Me Partner ki Burai se Bachne ka Amal.

Tijarat ke Partner Hamesha Rozana 100 Martaba "YA MUMINU" 'يَا مُؤْمِنُ' padhe to puri Zindgi wo Ek 1 Dusro ki Burai se Inshaallah Mahfuz Rahega.

Mulazimat, Ohda

(434) Chuti Hui Mulazamat Wapas karne ka Amal.

- Jis Shaks ki Mulazimat chut Gayi Ho Aur wo Chahe ke Us ko Dobara Mulazimat Mil jaye to Wo Shaks Tin Roza Rakhe Aur Fajar ki Namaz ke Bad 10000 Martaba "YA RAZZAQU" 'يَا رَزَّاقُ' padhe Aur Awwal Aakhir Ye Durud sharif padhe "ALLAHUMMA SALLI ALA MUHAMMADIN WALA AALIHI MUHAMMADIW WBARIK WASSLLIM"

اَللّٰهُمَّ صَلِّ عَلٰى مُحَمَّدٍ وَعَلٰى اٰلِ مُحَمَّدٍ وَبَارِكْ وَسَلِّمْ

Usi Jagaha par ya Usse Bahtar jagah par Insha

allah Mulazimat Mil Jayegai.

(435) Buland Rutbah Aur Khus- Haali Hasil Karne ka Pehla Amal.

- Jo Shakhs "YA ALIYYU" **يَا عَلِيُّ** Ko Hamesha padhta rahe Aur Likh kar Apne paas Rkhe Inshaallah Use Rutba ki Balndi, Khus-Haali Aur Maqsad me Kamyabi Nasib Hogi.

(436) Chuta Huva Ohdah Wapas Hasil Karne ka Amal.

- Jo Shakhs Apne Ohde se Mazul (suspend) Hogaya Ho wo 7 Roze Rakhkar 7 Din tak 1000 Martaba "YA KABIRU" **يَا كَبِيرُ** Padhe to Inshaallah wo Dobara Apne ohde par Bahal Hojayega.

(437) Mulazim ko Auhdae men Ezat Hazal hone ka Amal.

Mulazim Rozana Andhere Me 1000 Martaba "YA MALIKU YA QUDDUSU" **يَا مَالِكُ يَا قُدُّوسُ** Dono Namu ko Milakar Padhe to Jis ohde par wo Mulazim He Usme Inshaallah Izzat Hasil Hogi Uske Upar ke Afsaran Hamesha Uski Taraf Raham ki Nazar se Dekhenge.

(438) Chuta Huva Ohdah Wapas Haasil Karne ka Amal.

- Agar koi Mulaazim Ohde se Mazul Hogaya ho to 7 Din tak Rozana Gusal kare.
Uske Baad Do Rakat Nafal Namaz Ada kare.

Un Dono Rakato Me Alhamdu Sharif Aur Surah Ikhlas Ek 1 Martaba padhe. Fir Tin Din Rozana Khade Hokaar 3000 Martaba "YA AZIZU" يَا عَزِيزُ padhe. 4 Din Baithkar 5000 Martaba "YA AZIZU" يَا عَزِيزُ padhe Uske Baad Dua Kare. Inshaallah wahi Ohda Wapas Mil jayega ya Us se Bahetar Intizaam Gaib se Hojayega.

(439) Garib Aadmi ka Hadiya Amir ko Pasand Ane ke Liye Amal.

- Garib Admi kisi Amir ko Hadiya Dene se Pehle Hadiye ki Chiz 70 Martaba "YA HAMIDU" يَا حَمِيدُ Padhkar Dum kare Inshaallah wo hadiya Bahut Hi Maqbul Aur Pasand Aayega.

(440) Malik ki Narazgi Dur karne ka Amal.

- Agar koi Malik Mulazim se naraz Rehta Ho to wo Mulazim Subah Aur Sham 21 Martaba "YA MANIU" يَا مَانِعُ padhkar malik ki Taraf Aage se ya piche se Dum Kare Inshaallah Chand Hi Dino Me Narzgi Dur Hojayegi.

(441) Malik ka Gussa Dur karne ka Amal.

- Agar kisi Mulazim par Us ka Malik Gussa karta Ho to Nisf Raat ko ya Dophar ko 1101 Martaba "YA SABURU" يَا صَبُورُ padhkar Allahtala se Dua kare Inshaallah Ek 1 Hi Hafte me Malik ka Gussa dur Hojayega.

(442) Malik ki BadMizazi ki Islah Ka Amal.

- Kisi Mulazim ka Malik BadMizaz Hoto wo

Mulazim "YA WALIYU" **يَا وَلِيّ** padhte padhte Malik ke Paas Jaye to Inshaallah wo Mehrabani ka Muamla karega.

(443) Maalik ka Dar Dil se Dur Karne ka Amal.

- Jo Mulazim Maalik ki Bazpurs se Bahut Darta Ho wo Raat ko Isha ki Namaz ke Bad 3000 Martaba "YA HASIBU" **يَا حَسِيبُ** padhe Aur Tasawwur kare ke Mera Maalik Allahtala ke Darbar me Hisab Dene me Masruf He Aur Mujhe Bhul Gaya He Ye Amal Tin Din Mutawatir kare Inshaallah Bahut Hi Aasani se maalik ka Dar Dil se Nikal Jayega.

(444) Bade ohde Par Qaim Rahne ka Amal.

- Jo Haakim Hamesha 5000 Martaba "YA KABIRU" **يَا كَبِيرُ** padhega Wo Apne Ohde par Balzzat w Bāwaqar Qaim Rahega Agar Us par Koī Badi Zimmedari Aajaegi To Us Me Inshaallah Sahih W salamat kamyab Hoga.

(445) Hakim ki Hukumat Qaim Rahne ka amal.

- Jo Hakim Rozana Andhere me 1000 Martaba Ye Dono Name "YA MALIKU, YA QUDDUSU" **يَا مَالِكُ يَا قُدُّوسُ** Milakar padhe Uski Hukumat Inshaallah Qaim Rahegi.

(446) Riaaya-(public) ki Tabedari ke liye Hakim ko karne ka Amal.

- Agar Hakim "YA MUMINU" **يَا مُؤْمِنُ** ko kasrat se padhega to Inshaallah Uski Riaaya-(public)

Tabedar Ban jayegi.

(447) Amaldar Aur Hukma (officer) Baat Sune Uska Amal.

- Jo Shkhs Hamesha 3000 martaba “YA MALIKU” يَا مَلِكُ padhe to Amaldar Aur Hukma Us ki Baat Inshaallah Tawajjuh se Sunega Zalim Us ke Samne Sakhti se Nahi Bol Sakega.

Court Aur Muqaddamah

(448) Muqaddamah Jitne ke liye Pehla Amal.

- Nahaq Muqaddamah me Fasa Aadmi Muqaddamah ki Ain paishi ke Waqt ya Muqaddama Dair karne wale ke Saath Guftgu ke waqt 70 Martaba “ALLAHU ALLAHU” اَللّٰهُ، اَللّٰهُ kahe Dil me Taswwur kare ke Tamam Majlis Gayib Hogyi He Aur Ab Allah tala ki Zaat Us Muqaddame ka Faisala kargi. Inshaallah Muqaddama ka Faisla Uske Haq Me Hoga Dushman Sikasht Khayega.

(449) Muqaddamah Jitne ke liye Pehla Amal.

- Nahaq Muqaddama Aur Dushman ke Dar ki Wajah se Pareshan Aadmi 21000 Martaba “YA MALIK -AL - MULK” يَا مَالِكُ الْمُلْكِ ka Khatam Tin Din Mutawatir Niche wale Tariqe se kare
- Tin sakhs Bawuzu QiblaRukh Baith kar 7000 Martaba “YA MALIK -AL - MULK” يَا مَالِكُ الْمُلْكِ

padhe.

- Awwal Aakhir 7 Martaba ye Durud sharif padhe
- Allhumma Salli Ala Qabri Muhmmadin FilQuburi. **اَللّٰهُمَّ صَلِّ عَلٰى قَبْرِ مُحَمَّدٍ فِي الْقُبُوْر**؛
- Allhumma Salli Ala Jasadi Muhmmadin FilAjsaad. **اَللّٰهُمَّ صَلِّ عَلٰى جَسَدِ مُحَمَّدٍ فِي الْاَجْسَادِ**؛
- Allhumma Salli Ala Ruhi Muhmmadin FilArvaahi Wabarik wassllim. **اَللّٰهُمَّ صَلِّ عَلٰى رُوْحِ مُحَمَّدٍ فِي الْاَرْوَاحِ وَبَارِكْ وَسَلِّمْ**
- Wo Tino Aadmi Wazifa Khatm karke Ye Dua Mange.
- Ilahi Aaj Fala Muqaddama ki Fariyad Aur Apil Teri Sarkar me Ham ne Dair ki he Agar To Bhi Sikasht Dega To Ye Banda kaha Jayega.
- " LA MALJA WALA MANJA MINALLAHI ILA ILAYK" **لَا مَلْجَا وَلَا مَنْجَا مِنَ اللّٰهِ اِلَّا اِلَيْكَ**
- Teri saza se Bachna Aur Teri Musibat ki Panah Tere Hi Paas He Inshaallah Muqqadma me Jit Hogi Au Dushman ki Sikasht Hogi.

(450) Muqaddama Me Sulah Ke Liye Amal.

- Agar koi Shakhs kisi Muqaddama me Sulah karna Cahta ho Aur Samne wale Mante na Ho to Zuhar ki Namaz ke Baad 3000 Martaba "YA GAFFARU" **يَا غَفَّارُ** padhe Aur Fir Dua kare Inshaallah Dushman Khud Hi Sulah ke Liye Darkhast Karega.

(451) Muqaddama Ka Faisala Munsifana Hone

ka Amal.

- 101 Martaba "SUBHANALMAALIKI ALHAQQI ALMUBIN" 'سُبْحَانَ الْمَالِكِ الْحَقِّ الْمُبِينِ'

Padhe Uske Baad 7000 Martaba "YA HAQQU"

padhe Inshaallah Muqaddama Ka Faisala Bar haq Aur Munsifana Hoga.

(452) Muqaddama ki Apil Me Jitne ka Amal.

- "YA MALIKAL MULK" 'يَا مَالِكُ الْمُلْكِ' ka Khatm Nicche Diye Huve Tariqe se kare Rozana Gusal karke Ahram ki Tarah Chadar Bandhe.

400 Gram Jaw ke Aate ki Ek 1 Roti Pakaye. 24 Ghante Me wo Roti Khaye. Raat Aur Din Me 41000 Martaba "YA MALIKAL MULK"

'يَا مَالِكُ الْمُلْكِ' Padhe. Wazifa ke Awwal Aakhir me BISMILLAHIRRAHMANIRRAHIM" 100

'بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ' Martaba padhe, 7 Din Tak Mutawatir Ye Amal kare. Inshaallah Muqaddama ki Apil Me Jit Hogi.

Note- Ya Name Bahut Jalali He Padhne ke Doran koi Badparhezi Na honi Chhayie Warna Nafa Ki jagah Nuksan Hoga.

(453) Na Haq Qaid Ya Muqaddama se Rehaee ka Amal.

- Agar koi Shakhs qaid men Ya Muqaddame me Na Haq Phans Gaya Ho to use ke Ristedar Raat or din Mutavater 21000 Martaba "YA

FATHAHU” **يَا فَتَّاحُ** Padhe Inshaallah Jald Rehaee hoge.

(454) Juthe Fojdari Muqaddama se Rihai ka Amal.

- Agar koi Shakhs Jhute Fojdari Muqaddame me Phans Gaya Ho to 3 Din Tak Raat ko Baarah Baje Aur Din ko 12 Baje **”YA MUNTAKIIMU”** **يَا مُنْتَقِئِمُ** Padhe to Inshaallah Bahut Jald Dushman Barbad Hojayega Aur Ye Mubarak Name padhne wala Jald Rihai Hasil Karega.

(455) Qaid Aur Band se Hifazat ka Amal.

- Jo Shakhs 89 Martaba **”YA MUHIU”** **يَا مُحْيِي** Padhkar Apne Upar Dum Kare wo Har Tartah ki Qaid w Band se Inshaallah Mahfuz Rahega.

(456) Hakim se Insaf Hasil Karne ka Amal.

- Agar kisi Muqaddamae me Hakim se Na-insafi ka Andesha Ho to Muqaddama ki Sunvai ke Doran Rozana 3000 Martaba **”YA ADLU”** **يَا اَعْدِلُ** padhe Aur Hakim ki Taraf Dhyan karke Dum Kare To Inshaallah Insaf Hoga Na-insafi Nahi Hogi.

(457) Muqaddame me Gawah Jhuthi Gawahi Na de Uska Amal.

- Agar kisi ke Muqaddame ki Sunvai Jari Ho Aur kisi Gawah se jhuthi Gawahi ka Andesha Ho to 1000 Martaba **”YA JALILU”** **يَا جَلِيلُ** Padhkar us Gawah ki Taraf Dum Kare to Inshaallah Gawah

Adalat Me Juthi Gawahi Nahi Dega.'

(458) Bad Mizaz Hakim ke Samne Hazri ka Amal.

- Agar kisi Bad Mizaz Hakim ke Samne Jana ho to 7 Martaba "YA BAISU" 'يَا بَاعِثُ' padhkar Apne Badan par Dum karke Uske Samne Jaye Inshaallah Hakim Mehrbani ka Muamla Karega.

(459) Hakim ke Samne Hazri ke Waqt Izzat Hasil karna ka Pehla Amal.

- Jo koi shakhs kisi Bade Aadmi ke Samne jane se Darta ho to Tin Din tak Rozana 3000 Martaba "YA RAFIU" 'يَا رَافِعُ' Padhe Aur phir yehi "RAFIU" 'رَافِعُ' Padhta padhta Hakim ke Samne jayega to Inshaallah Har Tirth Izzat Hasil karega Hakim Bahut hi Narmi ka Muamla Karega.

(460) Hakim ke Samne Hazri ke Waqt Izzat Hasil karna ka Dusra Amal.

Agar koi shakhs Angudhi me "YAJALILU" 'يَا جَلِيلُ' Kond wa kar ke apne pas rakh le Hakim ke Nazir us ke samne past ho jaige.

(461) Mazlum ki Sifarish Hakim Sune Uska Amal.

- Agar koi Hakim Ya zalim kisi Mazlum ki Sifarish suntan na Ho to 110 Martaba "YA RAUFU" 'يَا رَوْفُ' padhkar Dua kare To Inshaallah wo Zalim Us Mazlum ki Sifarish Qabul karega.

(462) Hakim ka Gussa Dur karne ka Amal.

- Agar kisi Shakhs se Us ka hakim Gussa karta Ho to Nisf Raat ko ya Dopfar me 1011 Martaba “YA SABURU” يَا صَبُورُ padhkar Allahtala se Dua Kare Inshaallah 7 Din Tak Mutawatir Ye Amal karne se Uska Gussa Thanda Hojayega.

(463) Khat (Latter) ya Darkhast ka Achchha Jawab Aane ke Liye.

- Agar kisi ke Khat ka Jawab ya Darkahast ka Hukam Na ata ho to Rozana Fajar ki Namaz ke Bad Tin Din Tak 1000 Martaba “YA MUJIBU” يَا مُجِيبُ padhkar Tasawwur kare ke Mere kHat ka Jawab Aur meri Darkahast par Hukam Tahrir Hoka Asman se Zamin par Utar Aaya He Inshaallah Chand Dino Me Khat ya Darkhast ka Accha jawab Aayega.

(464) Faisla Haq par Den e ke liye Sahibe Faisla ko Karne ka Amal.

- Hakim, Qazim, Mufti, Qawm ka Sardar, Chodri, Sarpanch, ya patel Faisla Dete waqt Agar 7 Martaba “YA HADI” يَا هَادِي Padhe Aur Faisla de Inshaallah Haq par Qaim Rahega.



Asmaul husnaa ke wasile se dua

Mujhko **YA ALLAH** apna ishq de
ho muhabbat sirf tere waste
Mustahiq tuhi ibaadat ka ho
he tu hi maabud saari khalq ka
Bakhash **YA RAHMAN** mehu khwar tera
YA RAHIM meharbani mujhpar kar
Tu hi **YA MALIKU** shahe har do sira
mujhko jannat de jahannam se bacha
Mujhko **YA QUDDUS** kar aibo se paak
tu nihayat paak me ek mushte khak
YA SALAMU deen v iman ko mere
rakh salamt apne fazl v lutf se
Aman de **YA MUMINU** mujhko sada
YA MUHAYMINU tu nigehban mera
YA AZIZU mere galib huwe sust
kaam **YA JABBARU** mere kar durust
Tu he **YA MUTAKABBIRU** sab se bada
mujhko magruro ki sohbat se bacha
Be tere **YA KHALIQ** he konsa
jis ne sab khilqat ka andaza kiya
Kun se sab **YA BARIU** paida kiya
YA MUSAWWIRU surate ishrat bana
Bakhash **YA GAFFARU** isya sar ba sar
nafs par galib tu **YA QAHHARU** kar
Be iwaz rizq **YA WAHHABU** de
rizq **YA RAZZAQU** de har qism ke
Khol **YA FATTAHU** tu rozi ke dar
YA ALEEMU khwar hu tu le khabar
Tang kar **YA QABIZU** rizq e palid
rizq kar **YA BASITU** rizq e mazid
Past ho **YA KHAFIZU** dushman mere
de mujhe **YA RAFIU** rutbe bade
YA MUIZZU mujhko kar izzat ata

YA MUZILLU mujhko zillat se bacha
YA SAMIU sun meri faryad ko
YA BASIRU dekh mujh na shad ko
YA HAKAMU hukm par apne chala
 dar he **YA ADLU** tere insaaf ka
YA LATIFU mujh par apna lutf kar
YA KHABIRU dil ko karde ba khabar
YA HALIMU burdbari kar ata
YA AZIMU he tuhi sabse bada
YA GAFURU bakhash de mere gunah
YA SHAKURU shukr rakh madade nigah
YA ALIYYU he bada rutba tera
YA KABIRU tu bada he tu bada
YA HAFIZU aafato se rakh nigah
YA MUQITU tan me de quwwat ko rah
YA HASIBU sahal ho mujh par hisab
YA JALILU tu bada aali janab
YA KARIMU tu sakhi, muhtaj sab
YA RAQIBU tu nigehbaan roz v shab
YA MUJIBU kar dua meri qabul
 deen v dunya me na kar mujko malul
 ilm kar **YA WASIU** mujh par farakh
 baad marne qabr ko meri farakh
YA HAKIMU tu he danae amal
YA WADUDU tu muhibbe be badal
YA MAJIDU zaat me he tu bada
 qabr se **YA BAAITHU** momin utha
YA SHAHIDU hazir o aagahe kul
 tu hi he **YA HAQ** shahan shahe kul
YA VAKILU karsaaz be kasaa
YA QAWIYYU taqat e be taqataa
YA MATINU deen par rakh usuwar
YA WALIYYU kar madad lail o nahar
YA HAMIDU hamd he tujhko sada
 tu he **YA MUHSI** muhit e ma siwa

Pehle bhi **YA MUBDIU** peda kiya
 YA MUIDU tu hi phir marja hua
 Zinda **YA MUHYEE** hu jab tak shad rakh
 jab maru **YA MUMITU** tab yad rakh
 Tu hi **YA HAYYU** he zinda ta abad
 tu hi **YA QAYYUM** qaim la walad
 Rakh gani mujhko sada **YA WAJID**
 sab badaai tujhko he **YA MAJID**
 He tuhi **YA WAHIDU** aali sifaat
 tu hi **YA AHADU** he yakta paak zaat
YA SAMADU he sabko teri justaju
 sab tere mohtaj, be parwah he tu
 Gardish e gardu se tang aaya hu me
 tere dar par iltija laya hu me
 Nafs par **YA QADIRU** qadir rahu
 yu jiyu **YA MUQTADIRU** jab tak jiyu
YA MUQADDIMU ho ve aglo me guzar
 YA MUAKKHIRU pichhe walo me na kar
 Tu hi bas **YA AWWAL** awwal me tha
 phir tu hi **YA AAKHIRU** hoga sada
 Us par to **YA ZAHIRU** zahir huwa
 sanato par jo koi zahir huwa
 Waham se **YA BATINU** tu he niha
 tujhko paye waham ye taqat kaha
 Tera **YA MUTA'AAL** he rutba buland
 hut ere ehsaan me **YA BARRU** band
 Meri **YA TAWWAB** kar tauba qabul
 raham kar **YA MUNTAQIMU** badiyo ko bhul
YA AFUWWU kar gunah se dar guzar
 YA RAUFU maharbani kar nazar
MALIKUL MULK he bas tera hi naam
 de mujhe mulk qana'at me maqam
ZUL JALA tu hi **WAL IKRAM** he
 mujhe bakhashna kya bada sa kaam he
 Adl se **YA MUQSITU** darta hu me

fazl ki ummid bas karta hu me
 Jama kar **YA JAMIU** dil ko mere
YA GANIYYU kar de be parwa mujhe
 Mujhko **YA MUGHNI** tu be parwa bana
 ho na kuchh **YA MAANIU** nuqsaa mera
 Jo zarar **YA ZARRU** ho dur rakh
 nafa se **YA NAFIU** masrur rakh
 Dil ko **YA NURU** mere roshan bana
 raah **YA HAADI** mujhe sidhi dikha
YA BADIU tu he bada sahib e kamal
 kardiya aalam ko paida be misaal
 Tu hi **YA BAAQI** rahe sbaqi sada
 tu hi **YA WARITHU** waris mera
YA RASHIDU rah neki ki dikha
 naar e dozakh se is aasi ko bacha
 Tu hi **YA WAALI** he sab par hukmaraa
 sab jaha mahkum tera be ghuma
YA SABURU sabr ki taufiq de
 kar mujalla mujhko apne khulq se
 Ho chuke ninawe naam ay akhi
YA BARRU ki tarah chand aur bhi
YA ILAHI BAHR KHATMU-L-MURSALIN
 momino ko ka rata khuld e bari